



L to R: Alex Billson, Chairperson Cherrie Osborn,
Guest Speaker Jeremy Oates and Acting President
Joe Albioli after our April 16th Meeting.



NEWSLETTER OF THE ROTARY CLUB OF KEILOR EAST INC.



Rotary Club: 21222 Charter granted 10th August 1983

April 16th, 2018 Volume 35 Number 28

CLUB MOTTO – "Fun and Fellowship whilst helping others"

Club Website - www.keiloreastrotary.org



PRESIDENT'S REPORT

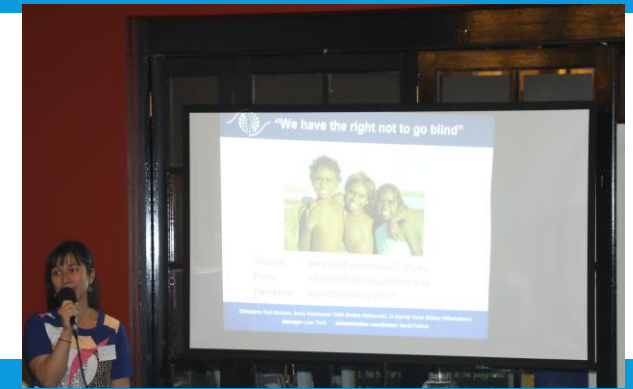
Meeting Report April 10th 2018.

- Well the Moonee Valley Art Show came and went with Melbourne's weather doing its usual thing of being stunning for the Gala on Friday evening and nearly drowning everyone on the Saturday morning. The windy Sunday was at least dry. I would like to thank all of you who beavered away for the months prior to the event and all who made it all happen from the 22nd to the 26th with the setting up, Gala, Show and then the closing down. A massive effort from hordes of volunteers from KERC, PROBUS, Essendon RC and many other friends and family from around our community.
- A quick trip to Ballarat for Jenny Foster and me over that weekend was done for a short update for the next Rotary year with the new Rotary International Theme for 2018-2019 "Be the inspiration".
- Between the Art Show and Easter the intrepid team at Days for Girls worked their magic on the 28th of March with many kits on the way to completion.
- The Easter long weekend was a lovely time to catch a breath and meet up with family and friends.
- A few short meetings with my RAGMSA committee and a chat with Leon Lewi regarding trying to set up a "satellite" club to attract local young enthusiastic people to join Rotary but to be in close affiliation with one or more local clubs to guide their way as mentors.
- John Walsh and Arnold Vandenharn represented our club at the official opening of the new kitchen facilities at Camp Getaway with the report from John below.
- *"The event was fairly well attended, DG Peter did the ribbon cutting, Past DG Murray Verso was in attendance, he was DG who turned the first sod for the rebuild etc. They have also built the toilets for disabled, just outside the main building. We also got to meet the new Caretakers, Benji and Tara, a nice couple with two young boys aged 8 and 5 years, who have settled in to the local school and their new surrounds. Advised them of our working bees and the type of tasks we perform. Acknowledgement was made of the many volunteer hours put in to complete this work, also donations and support given by various businesses with provision of building items etc. some 39 Thank you Certificates handed out.*
- *A worthwhile visit, a couple of local Clubs represented (Keilor, Essendon North), but suspect many Clubs not present. We also went across and visited John Bergbauer and Debbie. It was good to catch up."*
- FYI..... John.
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PRESIDENT'S REPORT CONTINUED & OTHER REPORTS

End Trachoma by 2020 - <https://www.endtrachoma2020.org.au/>

Lien Trinh spoke at the Cluster Dinner on April 10th.



- Whilst John and Arnold were at the camp Alex and I joined a team of nurses, doctors and volunteers helping sort out literally tons of mixed up surgical instruments and medical items for further use at Donations in Kind.
- The Board Meeting kindly held at Cherrie's home was a nice time to regroup and preplan for the next Rotary year.
- The Cluster group held a fund raising Foundation dinner on the 10th of April on a Tuesday so we did not have our regular Monday meeting on the 9th. Keilor East was strongly represented and the theme of "[Ending Trachoma](#)" had very inspirational speakers. I was unfortunately unable to attend as some of you know, I was preparing for an endoscopy on Wednesday morning. Tight time lines and a full diary makes for some clashes.
- Finally I hope you all have a pleasant few weeks without my presence as I will be travelling with my aunt to Morocco. She was my best friend at primary school and then I introduced her to my uncle and now she is my aunt as well. See you all on the 6th of May and Alex, who doesn't like Middle Eastern food, is still around and will give you the odd update.



REPORTS CONTINUED – MEETING MONDAY 16TH APRIL

- Since our last meeting the Club has had a busy month.
- 5th April Community BBQ – Valley Vibes at Rosehill Park Keilor East
- 10th April Foundation Dinner at the Waterloo Cup Hotel to End Trachoma by 2020
- 12th April Post Art Show Social Night get together with Essendon Rotary Club at Tamburros Restaurant Niddrie
- 15th April Club Social afternoon for lunch at Mt Macedon Hotel

Coming up

- Rotary Club of Essendon inviting volunteers for tree & shrub planting on 21st April at 1.00pm
- “Children First Retreat” in Saunders road off Hume Hwy before Seymour.
- On site Physiotherapy room & covered pool. Details to Joe Albioli on 0438 133 123 for directions.
- RSL ANZAC Service - March on Sunday 22nd April at 10.10am, assembly in Hoffmans Road.
- ANZAC DAY DAWN SERVICE 6.00 am at Cenotaph opposite RSL Club

Notes by **Acting President** - **Past President Joe Albioli**



[Friends of Steele Creek BBQ – Sunday 22nd April](#)

GUEST SPEAKER – JEREMY OATES – (CHAIRMAN OF CONSULTATIVE COUNCIL ON OBSTETRIC & PAEDIATRIC MORTALITY & MORBIDITY) - VTT IN TIMOR LESTE.

The aim of [Rotary's Vocational Training Team](#) is to reduce maternal and child deaths in Timor Leste.

To achieve this the goal is to:

- Educate girls and young women
- Provide access to family planning
- Provide access to skilled healthcare workers
- Increase the number of skilled healthcare workers and provide better training
- Provide better hospital services

Timor Leste (TL) was selected because of its proximity to Australia and our commitment to global health in the region.
Project proposal

Provide skills training to healthcare workers in conditions that are most likely to kill women and babies.

Educate them in antenatal care, which enables them to recognize not normal circumstances, and refer and transfer as required.

Educate them in emergencies – enables them to recognize and act.

Neonatal resuscitation improvement.

The Reality

- Building trust takes time
- The issues are multifocal and complex as the needs
- The language barriers
- The vested interests
- The networks



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The Attendees

- Initially planned to work with midwives only.
- Need to rethink that strategy with the rapid expansion in health professionals (medical) returning from overseas training.

The Challenges

- Lack of access to training outside Dili
- Distance to districts and within districts particularly during wet season
- Lack of co-ordination of the numerous training organizations working in TL. Not doing what we are but could be more effective and efficient if there was better oversight and ownership.
- Sometimes a lack of will or understanding of the importance of providing or distributing lifesaving resources rather than a lack of existence of them.

Achievements

- We managed to complete 8 trips with the first grant, accessing over 200 health workers
- Gaining a better understanding of the culture and the complexities of life in TL
- Experiencing the "light bulb" moments
- Sharing their stories in a safe and non-judgmental space
- Building of invaluable relationships. It is ALL about the women their families
- Getting better at communicating
- Learning to relax (once we got there)
- Building networks and possible collaborations through expanding our focus to include other factors that impact on healthy outcomes for mothers and babies such as family violence and decision-making in family planning

Keeping girls in school

- Issue of girls losing up to 2 months of school each year
- Decision-making regarding family planning. Women get pregnant too young, too close together and too many. Fertility rate approx. 5-6 babies per women. MM rate approx. 360 per 100,000 births
- Concentrating on keeping girls in school. There is 73% attendance at primary school, but only 41% enrolment and only 47% attend secondary schooling
- Utilizing our trips to TL to distribute Days for Girls packs
- Midwives are held in high esteem. They have access to the community and particularly young women and sometimes their daughters. They spread the word widely through communities. The packs have been very eagerly received with requests for more.

What still needs to be done

- More long term evaluation to better understand and measure if we are making a difference
- Continue to build on and expand networks with in-country colleagues and organizations
- Lobby and work toward better overall communication
- Most importantly the training of trainers. An imperative if the program is to be sustained beyond the time we are there.

The ultimate reward is healthy women and healthy babies and we feel a sustained campaign of supporting projects and programs that assist girls to stay in school will improve other outcomes such as exposure to violence, better family planning and safe birthing.

There have been 60 packs distributed to East Timor already.

SOCIAL OUTING - MOUNT MACEDON HOTEL - SUNDAY 15TH APRIL



Thank you to Annie Webb for organizing the Lunch at Mount Macedon Hotel on Sunday 15th April.



Rotarians, Partners, friends and families enjoyed the Social outing. Thanks go to Annie Webb who also took the photos.

DIK- DONATIONS IN KIND

- Alex and I had a busy few days since Easter with a day at DIK last Saturday. Relevant photos and a bit of information from Jenny Foster in the message below. Maybe you could put a couple of pics and a much shortened review in the next newsletter plus the date of the next Working Bee on the 2nd of June.
- *It was wonderful to also have 10 Doctors & Nurses on the team. How valuable all this knowledge was to sort the most incredible amount of different items. It was also fantastic to see Rotarians from 4 different Clubs (Essendon, Keilor East, Camberwell & Hawthorn) come together with other non-Rotarians to work together to achieve so much. I also forgot to count how many people we had come along on the day but I'm thinking it was around 25 in total.*
Jenny Foster - The Rotary Club of Essendon Inc. President 2017/2018

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WHAT'S NEXT?

Date	Event
Monday 16th April	JEREMY OATES (Chairman of Consultative Council on Obstetric & Paediatric Mortality & Morbidity) - VTT in Timor Leste.
Sunday 22nd April	Friends of Steele's Creek BBQ
Monday 23rd April	Rod McLeod and Steve Moonee Valley Men's Shed
Monday 30th April	Alan Samuel ROMAC
Monday 7th May	Buckley Park Students VCAL Project - Athena Vass

Program Director 2017-18
Ian Wright



- Our Club gratefully acknowledges the sponsorship we receive from the [Keilor East Bendigo Community Bank](#) and [Smart Storage World](#) to assist us in providing services to the Community.

Rotary Club of Keilor East meets on
6.30pm for 6.45pm at Keilor East RSL,
Hoffmans Rd, West Essendon
For Club Membership or Sponsorship information
Contact: Immediate President, Joe Albioli (0438133123)
<http://www.keiloreastrotary.org/>

ROTARY GRACES

- o We give thanks for our daily food. May Rotary friends and Rotary ways, help us to serve all our days.
- o For good food, good fellowship, and the privilege to serve, we give thanks.



PROUDLY SUPPORTING THE COMMUNITY
Keilor East Community Bank® Branch
53 Wyong Street Keilor East | Phone 9331 5811
 Bendigo Bank

APRIL AND MAY BIRTHDAYS AND ANNIVERSARIES

Birthdays

April 3rd Lois Cameron
April 4th Cathy Wright
April 15th Yew Kong Lye
April 24th Sonja Cornish

May 4 Linda Lye
May 11 Barry Mulle
May 18th Betty Lancaster and Ginny Billson
May 20 Barbara McKeon
May 24 Maryanne Walsh
May 31st Brett Bedson and Grandma Win Osborn



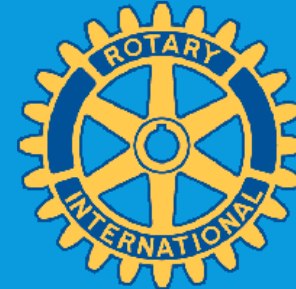
Wedding Anniversaries

April 7th Gerard and Tricia Smith
April 8th Ken and Jan Allan
May 4th David and Laraine Barnes
May 5th Lloyd and Betty Lancaster
May 25th Bruce and Lois Cameron
May 26th Bob and Janet McMartin



Rotary Anniversaries

April 1st Ken Allan 1985
April 1st John Cowl 1985
May 6th Jeselee Vytilingam 2002
May 8th Yew Kong Lye 2000
May 10th Ginny Billson 2004
May 19th Les Norton



MEMBER NEWS



Presidents Ginny Billson and Jenny Foster were pictured with MVAS Chairman, Gerard Mahoney and Father Ray at the Volunteers Dinner at Tamburro's Restaurant in Niddrie on Thursday 12th April.



Gate into the old city of Casablanca



Lots of walking and colour in the Medina(old town). Really enjoying the first few days here. Olives in the Medina, Casablanca.



The grand Mosque in Casablanca.



This photo was taken by Bronwyn Fanning at the "hands on" After Conference food packing work party. The packets are a mix of lentils, oats, rice and a packet of vitamin powder which was enough to make a meal for up to 8 people in an emergency situation. I think the boxes we packed were off to the Philippines.



Regards to everyone from Casablanca. All is well and very interesting. Picture of snow covered Atlas Mountains just prior to landing.