

# KEILOR EAST ROTARY NEWSLETTER

Rotary Club 21222 -

Charter granted 10th August 1983

April 2nd 2023- Volume 40 Number 16

Club Motto - "Fun and fellowship whilst helping others"

www.keiloreastrotary.org

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by President Deb Sloggett

Hello everyone,

Last week Helen and I attended a community forum on Gambling. The forum was held in the magnificent music auditorium at Essendon Grammar, Keilor East. I sat in my very comfortable seat thinking how incredibly lucky the students who attended this school were and what opportunities they must have when attending this school to better themselves, learn and lead successful lives.

I then listened to a reformed gambler-still a young man, who had just these opportunities and unfortunately his addiction led to great harm in his life. He eventually accepted and received help and was able to turn his life around and now leads the best life he can.

My mind then turned to the youth we have contact with in Cambodia and what opportunities they have to lead their best lives. Would gambling be an issue with them. I think they just want to go to school. I don't think I have met one young person who doesn't want to be at school. School is not Essendon Grammar, it is classrooms with broken desks, rickety fans suspended from the ceiling, a well-used blackboard or whiteboard. There are no grassed sport ovals or auditoriums. But it is what they know and where they should be.

·Deb's report continues Page 2

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#### Report by President Deb Sloggett (continued)



Belonging to Rotary gives us the opportunity to make a difference. We know that education is a pathway out of poverty. Education is power, not negative power but power of self, confidence to be a learner and leader, earn money to support family and just be productive. I am very lucky to be supporting a student in Siem Reap who is with the Cambodian Rural Student Trust. She writes to me to tell me how she is going and what she is learning. The passion I sense when reading her letter makes me so proud of her. She is so open and I'm sure she won't mind me sharing the following sentence with you

"Do you know why I said Critical thinking is amazing for me? Every time I walked into the class I thought about how to make a great decision, as most of the time the professor gave us examples and asked us to make the right decision based on his example. It's a bit hard for me, but after learning about that for a few weeks now I know how to find a great decision. I believe that at the end of the course, I'll be good at making decisions."

How can this not make us want to keep making a difference. I am supporting the Global scholarship program that RPM (Rotary Passport Melbourne) has invited us to partner with. Finally let us remember the goal of Rotary International in regard to education

Our goal is to strengthen the capacity of communities to support basic education and literacy, reduce gender disparity in education, and increase adult literacy. We support education for all children and literacy for children and adults.

Till next time

Deb

#### Break Poverty Cycles and Build In-country Capability ...Sponsor a Rotaract Scholar in Cambodia

#### High impact, proven and well managed program

- Significant Rotary and in-country
  - The Rotaract Club of Siem Reap was sponsored by the Rotary Club of Bangkok and the Rotary Club of Phnom Penh Metro supported by Rotary Passport Melbourne and CRST
  - . The Cambodia Rural Students Trust (CRST) is a not-for-profit NGO founded in 2011 with the mission of breaking the poverty cycle through education by Educating Future Leaders
- We choose the best young people for the program. Each Rotaract student is
  - · Bright student with high grades
  - Come from a poor rural family earning less then \$250 per month
  - Basic/foundation English
  - Already contributing to society

#### It's affordable.

- Sponsoring a Scholar costs US\$3,000 per annum over a maximum of four years enabling the sponsored Rotaractor to graduate with a Bachelor Degree
- The impact of breaking poverty cycles through higher education and implementing sustainable social development projects lasts for generations
- and you will be helping to grow Rotary
  - . The future of Rotary is the next generation of People of Action and Asia-Pacific is a growing frontier for Rotary



50

20,000

#### More information -

Aviv Palti

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Vice President - Rotary Passport Melbourne (9+61 400 001 315 ambodiarep@daysforgirls.org

Rotary (2)





#### Rotaract In Action

reaching over 20.000 beneficiaries each vear







COMMUNITY FORUM ON GAMBLING Proudly presented by the Airport West Uniting Church

Wednesday 22 March 7:30pm HR Stevens Music Auditorium Cnr Keilor & Rachelle Road, Keilor East GUEST SPEAKERS

Hon. Melissa Horne MP

king at https://www.trybooking.com/CGBGT

Or Phone 9338 3074









#### Monday 20 March - Period Poverty - Jessica Palti - A video presentation

On March 20th Club Members watched a recorded presentation by Jess Palti of Rotary Passport Melbourne.

We heard a talk from Jess Palti on Period Poverty suffered by many women around the world. As a follow up action, we had the opportunity to donate a period product (tampons or sanitary pads) to local women in need. This is a collection by Share The Dignity whom we have supported with handbags of personal items at Christmas time. Those who were unable to purchase products made generous donations of cash and Helen and Deb bought products for them.





From Rotary Passport Melbourne's Facebook Page.

Jess spent the morning at Angkor Wat with members of the Rotaract Club of Siem Reap. The listed World Heritage Site is one of the Seven Wonders of the world.



Thank you to everyone who contributed to our collection for Share the Dignity. Photo thanks go to Helen Penna.



# Tuesday 28th March - Keilor Rotary - Dr Peter Brukner - Author of "A Fat Lot of Good".

Cherrie Osborn and David Dippie represented our Club at this informative evening.

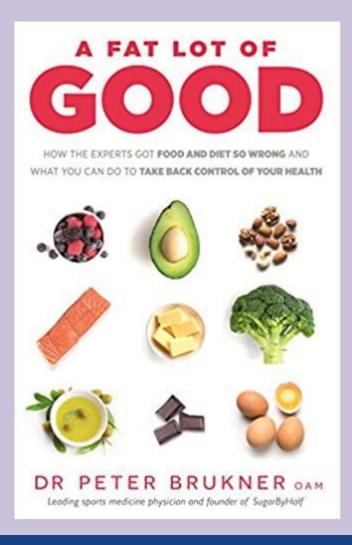
Dr. Peter Brunner. Discussing are we getting fatter and what are we doing about it?

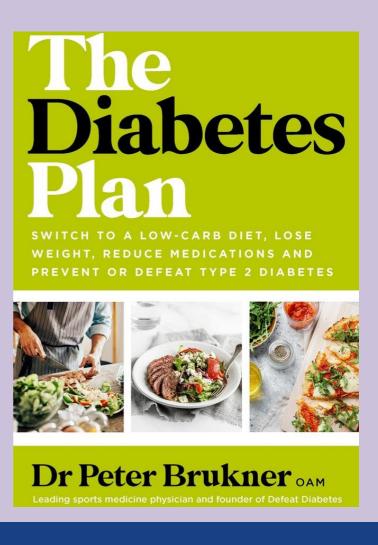
Peter Brunner has had a long career as a sports medicine specialist looking after athletes and teams both in Australia and the UK. His last national role was Team Doctor to the Australian cricket team. In the last decade Dr Brukner has become increasingly concerned about the state of health. We are getting fatter and sicker. In his entertaining presentation he explained the background to this dire state and what we can do about it.



From his website - Peter's second passion, which has developed over the last few years, is nutrition. He believes that most of what we have been told about what to eat over the last 40 years has been wrong, and as a result we have epidemics of obesity and chronic diseases such as Type 2 diabetes. Peter is the Founder and Chair of the SugarByHalf campaign and has authored the popular book A Fat Lot of Good.

You can find out all about the nutrition side of Peter's career at the <u>Fat Lot of Good</u> website.

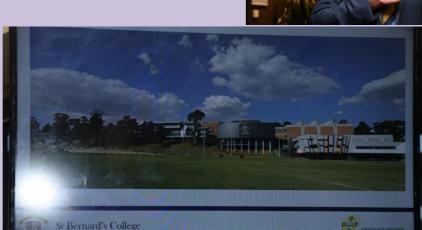




# Monday March 6th, 2023 - Dr Michael Davies - Principal St Bernard's College - A combined Meeting with Essendon Rotary

On Monday 27th March our Guest Speaker was Dr Michael Davies. Below: Michael is pictured with Nola Spicer from Essendon who is the Chairperson of the Moonee Valley Art Show Committee for 2023.







Above: Charlie Ryan was a recipient of one of three scholarships for Visual Arts Students at St Bernard's as a result of funds raised by our joint Moonee Valley Art Show (in conjunction with Rotary Essendon) which was held in the school's Sport's Centre last July. Charlie is extremely grateful for the award and came to thank Club Members for the honour and encouragement they provided.



Dr Michael Davies was born in Wales, UK and has been head of several independent schools before coming to St Bernard's four years ago.

From Moonee Valley Art Show Facebook Page

Last night was one of our best
Rotary Club meetings at Essendon Windy Hill
Social-Club Members of both Keilor East and
Essendon Rotary invited Dr. Michael Davies,
Principal of St Bernard's College Essendon to
be their Special speaker. He had a captive
audience who were eager to hear the history of
St Bernard's and where the future is going to
take them. Michael also interviewed the three
Bursary winners who thanked both clubs for
their generosity

Our forthcoming Moonee Valley Art will be held on the 19th- 21st May in St Bernard's Sports Centre. All are Welcome and funds raised will be used to fund Rotary projects and bursaries.



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NB. Tickets will soon be available via Trybooking.



# A musical evening with Silvie Paladino



A RICON23 Club Hospitality event supported by Moonee Valley Council.

Monday 29 May 2023
5.45pm to 9.30pm
at The Clocktower

Mount Alexander Road Moonee Ponds

Finger food and welcome drink after the show.

Cash bar.

\$50pp. <u>Bookings through Humanitix</u>









Keilor East Rotarians and Partners are encouraged to attend this special event which will be held to entertain several coach loads of Rotarians from around the world who will be attending our Rotary International Conference (RICON23). Click on the poster above to book tickets.

Rotary Keilor East will celebrate 40 Years in August 2023. The actual date is August 10th but, since that is a weekday, we will be celebrating the Birthday on Sunday 13th August at Riverside Golf Club in Ascot Vale.

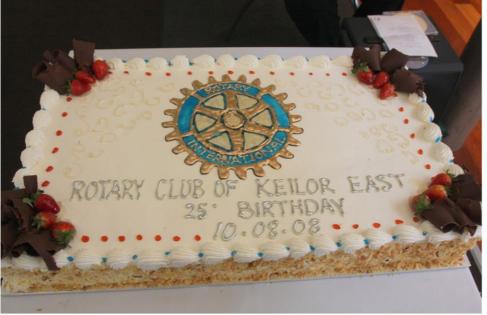
Stay tuned for more details TBA.

Our "40th Birthday", "40th Anniversary", "Cheers to 40 Years", whatever we call it, let's make it a memorable celebration of our

great Rotary family over so many years.







Left: A flash back photo from Keilor East Rotary's 25th Birthday on 10th August 2008.

## Tour of B24 Liberator restoration project

Our member Tony Thomas is also with Melbourne Bearbrass Probus. He is wondering if any RCKE members would enjoy our Probus visit to the intricate Liberator restoration project at one of the hangars of the old Werribee Airfield. "We need 15 to make the visit viable but at the moment we're stuck at nine," Tony says. "If any RCKE members would like to join us, we can organise car pooling to get there – curiously city-based Bearbrass has four members living in Niddrie/Keilor."

The restorers will even start one of the heavy bomber's four engines for us, and we can tour other restoration projects at the airfield.

Since 1995 dedicated volunteers have put in 250,000 hours to restore this historic aircraft. It is an ongoing memorial to the 20,000 Australians who flew and serviced the aircraft during WW2.

The trip is the morning of Thursday April 27, starting 10am. Cost is \$26 including morning tea. Interested: contact Tony in the next week at 0407305757 or tthomas061@gmail.com

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Left: The magnificent B24 Bomber, a restoration work-in-progress and the star attraction at a newly accredited museum in Werribee.

Right: B24 Liberator Bomber (Werribee)

Our Next Keilor East Rotary Meeting is on Monday 3rd April at 7.00pm after dinner in the Bistro from 6.00pm.

Our Guest Speaker will be Tony Thomas who will tell us about the recent trip he, and his wife Margaret, took to Tanzania in Africa.



Save the Date – May 1st – Guest Speaker Rodney Eade – The Fathering Project



Rodney Eade has 6 children from his blended family and is a grandfather to 4 grandchildren. He is now a fatherhood advocate, working with The Fathering Project to support all Aussie Fathers in becoming the best Dads that they can be.

An AFL player with the Hawthorn Hawks for 15 years, Rodney participated in multiple premiership wins and coached the Sydney Swans and Western Bulldogs.



Upcoming BBQs in 2023 @ **Bunnings Taylor Lakes** Feb Saturday 5 Mar Sunday Saturday Apr Mav Sunday Saturday 3 June Sunday 2 July Saturday 5 Aug Sunday 10 Sep Nov Saturday 4 Sunday Dec



Windy Hill
Bistro is the
venue for our
dinner, (order
from the
menu), before
our 7.00pm
Monday Rotary
Meeting in the
Legends Room
on Level 2.



We welcome your suggestions for future Guest Speakers. Email keiloreastrotary@ gmail.com

Date	Day	Speaker/ Event	Contact
April 1	Saturday	Bunnings BBQ - Watergardens	Gerard Mahoney
April 3	Monday	Tony Thomas - Our trip to Tanzania	David Bennett
April 10	Monday	Easter Monday Public Holiday - No Meeting	
April 17	Monday	Rob Kerr - Bee Keeping - A different view	David Bennett
April 24	Monday	ANZAC Eve - Activity TBA	Deb Sloggett
May 1	Monday	Rodney Eade - Fathering Project	David Bennett
Save the Date for 2023 Moonee Valley Art Show			
		,	
May 18	Thursday	Set Up for Moonee Valley Art Show Volunteers Required	Keilor East Rotary members of MVAS Committee Gerard Mahoney Phil O'Brien Chris Rundell Tina Ballos David Dippie Yvonne Osborn
May 19	Friday	Gala Opening of Moonee Valley Art Show at St Bernard's College Keilor East Volunteers Required	
May 20	Saturday	Moonee Valley Art Show Volunteers Required	Sponsors and /or Volunteers welcome at keiloreastrotary@gmail.com
May 21	Sunday	Moonee Valley Art Show Volunteers Required	

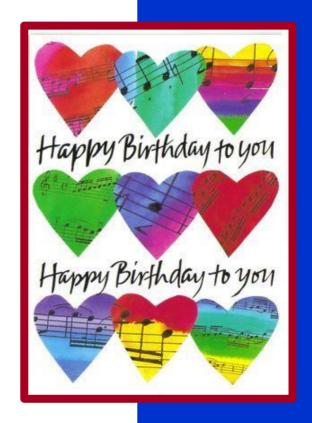
Our new Program Director, David Bennett, assisted by President Nominee David Dippie, will be coordinating a program of Guest Speakers and activities for the 2022-2023 Rotary Year.

Your ideas are welcome <a href="mailto:keiloreastrotary@gmail.com">keiloreastrotary@gmail.com</a>

## **Club Birthdays and Anniversaries**

# **Birthdays**

April 3: Rosemary Grant April 4: Cathy Wright April 11: Carmen Puli April 23: Nonie Gionfriddo April 24: Sonja Cornish



# **Wedding Anniversaries**

April 7: Gerard and Tricia Smith

April 8: Ken and Jan Allan April 8: Don and Jan Tucker

## **Rotary Anniversaries**

April 1: Ken Allan 1985 April 1: John Cowl 1985





# Member News

# With Deepest Sympathy

The members of Keilor East Rotary express their deepest Sympathy to Kim and Minh Nguyen and their family upon the death of Kim's Father who died on Saturday 25th March aged 98 years. Kim's father was a highly respected person within the Vietnamese Buddhist community for his involvement in the establishment of the Buddhist temples in Melbourne and in Adelaide in his 45 years in Australia. The Buddhist community in Australia has been his life. His funeral was held on Wednesday 29th and Thursday 30th March in the Buddhist way and was organised by the temple.







**Celebrating** Families – please send your photos to keiloreastrotary@ gmail.com

Above: Yvonne Osborn and her younger sister Cheryl Payne, nee Hickson, at the Hickson Reunion at Toolleen in central Victoria on Saturday 25th March.

It would be great to get more photos of our members and families for our next Newsletter. Send to my phone 0411773360 or email to keiloreastrotary@gmail.com





#### MR GAM VAN NGUYEN **Buddhist Name: Minh Chieu**

Passed away in Melbourne, Australia on Saturday 25.03.2023

#### **AGED 98 YEARS OLD**

FUNERAL WILL BE HELD AT Quang Minh Temple (18 Burke St, Braybrook VIC 3019)

#### ORDER OF SERVICE

WEDNESDAY 29/03/2023 5:00PM to 9:00PM

THURSDAY 30/03/2023

1:00PM

Buddhist Ceremo

Buddhist Ceremony and Viewing

Cremation Ceremony will be held at Altona Memorial Park - Chapel of Repo

(2-14 Dohertys Rd, Altona North VIC 3025)

#### Family of Deceased

Nguyễn Thị Kiêm Loan, children and grandchildren Nguyễn Thanh Quang, wife, child, and grandchild Nguyễn Thị Ngọc Anh, husband, children and grandchildren Nguyễn Thị Kim Dung and husband Nguyễn Thạnh Tùng, wife and children

#### NO DONATION AND FLORAL TRIBUTES.

Family thank you for your understanding and support during this difficult time



Above: Yvonne's daughter Kate Jones with her children Joshua 6 and Sammy 4 dressed in colonial costumes.

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### We thank our Generous Sponsors



We are also very grateful to have the sponsorship of Smart Storage World in Keilor East for the storage of our Club trailer. We appreciate their support for us and urge Club Members and friends to make use of this local business.

For all your Home or Business Storage, including Boats, Caravans and Cars, call 0408 KEILOR or 0408 534 567. The business can be found on the Web at <a href="http://smartstorageworld.com.au/">http://smartstorageworld.com.au/</a>

PROUDLY SUPPORTING THE COMMUNITY
Keilor East Community Bank® Branch
53 Wyong Street Keilor East | Phone 9331 5811

Bendigo Bank

Keilor East Community Bank has been an outstanding sponsor of our Club projects over many years. We are very appreciative of their generosity and support and urge Members, family and friends to use the bank which supports its local community. Tina Ballos who is a member of the Rotary Club of Keilor East, is the Branch Manager. Our Past President, Gerard Mahoney is Chairman of the Bank Board.



