

KEILOR EAST ROTARY NEWSLETTER

Rotary Club 21222 -

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Club Motto - "Fun and fellowship whilst helping others"

www.keiloreastrotary.org

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Our fantastic
International Committee
Members L to R: Helen
Penna, Cherrie Osborn
and Deb Sloggett have
been travelling in
Cambodia to spend time
with CRST, our partners
in Project W (Water),
Project B (Bicycles) and
Project G (Days for Girls).

They saw our donations at work at <u>Safe Haven</u>, with Wheelchairs for Kids, and at Lighthouse.



President's Report

by President Deb Sloggett

It's been a great month so far. 2 weeks in Cambodia visiting projects and meeting old friends and making new. All the photos will paint the picture of our (Helen, Cherrie and me) time there. The moment we landed our days were filled. In Battambang we were able to see our friend Lukas from Lighthouse before he and his family left for Switzerland. Helen and I had a meeting with the team including Rotarians Rob and Darrel from RPM and Jenny F. we heard about the plans Lighthouse has for expansion and more reach into the community to help change lives. They have big plans, which means big money, but it will have big impact. Not sure if it is something we can do but I'm not dispensing with it yet. In the meantime, we got to share in the joy of how well the toilets and bathrooms are working and the new water filter. From Battambang to Siem Reap. What a fabulous time we had. I hope you all enjoyed our reports that we sent.

Deb's report continues Page 2

Report by President Deb Sloggett



If anyone missed out, please let me know and I can forward them onto you. It was a mix of Cambodian Rural Student Trust activities and Rotary. The most important being our WASH project. The water filters for the four schools are well underway, one is completed, and one is almost completed. We were able to confirm the installation of the toilet blocks for Angkor Thom Secondary and this too will be exciting when complete. For those who are unaware we were successful in gaining a District Grant International for the building of x2 toilet blocks (1 with 5 stalls, 1 with 6 stalls).

We shared in the opening of the new CRST campus and the launch of the new Rotaract club of Siem Reap. Our foray into toilets wasn't over. We went with Darrel to visit his village that he has been filling with water pumps and toilets.

One of our last visits was to Safe Haven to check on their progress. From when I first visited 6-7 years, the changes are immense. A well run and well led NGO has prevailed.

All in all, a very successful trip, went far too quickly but it is good to know our projects are being well managed and in good hands.



Above: A selection of photos of President Deb Sloggett, Secretary Helen Penna and International Director, Cherrie Osborn. Lots more photos will be shown at the team's Cambodia Presentation at our Club Meeting on Monday 29th August.

Cambodia Travellers 1 August 2022



Travelled to Battambang on Sunday the 31st. Had an afternoon Visiting with Cambodian Children Hope Ministry with fellow Rotarians Jenny Foster from Rotary Albert Park and Darrel Steer from RPM. Behind this centre is a village which we call the widows village. This village is in serious need of clean water and sanitation. Fist step is that Darrel is going to action drilling for water to assess how water can be managed. Depending on depth of drilling determines on how many placements for water wells can be done. Helen was able to hand over some beautifully made dolls to the little kids and some big kids who were absolutely delighted with their gift.

- Deb and Helen met at Lighthouse with RPM members Rob R and Darrell S, Jenny F, LH staff Vanna and Lukas to discuss potential project Lighthouse community. An overview of this project was presented
- Rotary Keilor East were presented with a certificate of appreciation for our partnership in the WASH program delivering a toilet block a shower block and a new water filter system for the centre
- We then handed over 5 further laptops that Computers for Children DIK and Care for Cambodians donated for the lighthouse computer lab which was proudly established by rotary Keilor East
- We had lunch with some old friends and heard a little of what had been happening in their lives. We handed over some reading glasses and other art/craft items to Kim Leang to take back to her village where she teaches kids English and yoga. She makes jewellery to help earn some money for herself and son







- Time for some other extra curricular learnings, we climbed aboard Cherrie's favourite transport the tuk tuk and headed out to the country side. We stopped and watched how the humble rice paper is made. Over 2000 sheets can be made in a single day over a hot fire by very hard working women. The 2 sisters we saw had been doing it for 20 years- a source of income for them. We headed then to the well of sorrows, the Aussie memorial put in place to recognise the atrocities of the Khmer Rouge times 1975-1979. A sobering visit.
- Our last activity for the night was to go back to Lighthouse to join in a farewell service
 that the team at lighthouse had prepared for founding managing director Lukas and
 his family as they head to Switzerland for a one year sabbatical. We were honoured
 guests and had the privilege of hearing the students sing a song that lighthouse had
 written for their community, see a slide show of memories and the ultimate honour of
 praying for them
- We ended the day with a lovely meal with wine and cocktails in true rotary tradition.

Cambodia Travellers 2. August 2022

We took to the road again like the intrepid travellers we are and headed down the road to Siem Reap to arrive in time to start our itinerary with Cambodian Rural Student Trust. (CRST)

- we started with a tour of the new CRST campus. The campus has been transformed from what once was a boarding house. It is now a hub of excitement and opportunity. What an impressive place and how proud the students were to show us around. It is certainly going to be a place of excellence.
- We met the project G Team and started to assemble days for girls kits. These kits were being prepared for the team to take out on one of their education days to a rural school where both boys and girls are included in learning about hygiene and respect. Cherrie was certainly up to a gold standard as together we packed 147 kits.







- The family support team took us out to visit one of the families they support, we visited
 grandma Chang a widow lady on her own. She was so pleased to welcome us and the smile
 didn't leave her face the whole time we were there. Each month the team visits to encourage
 and give a food pack, rice and a compassionate ear.
- Project L was the next focus. We went to a primary school on stilts over the water. Would not
 pass muster with OHS in Aus but quite unique for us. The children are taught about Solar
 buddies, a solar light they are given to help them study at night. Many don't have electricity and
 their living conditions are very poor so this little system if used well will be of wonder to them.
 The smiles on their faces was priceless.







- Next school we visited was to focus on Project R. This is all about reducing rubbish, recycling
 and not using plastics. This project is aimed at high school students. Our visit was a follow
 up visit from CRST as the students had already completed an education program. Students
 were presented with a reusable shopping bag.
- We were then very excited to learn that we were going to do tree planting. We couldn't be
 at Maribyrnong but we Rotarians represented us at a high school in Siem Reap. Not in the
 cold conditions but in nice balmy sweat rolling down the back conditions



Hazel RI Foundation Singapore, Deb, Maria, Cherrie and Helen

Cherrie had time away from Helen and Deb and had a wonderful morning visiting the temples. She managed a lot of climbing and didn't trip over any tree roots or stones. A wonder on its own.



Cambodia Travellers 3 August 2022

WASH Report: Project W Rotary Keilor East, Rotary Foundation and Rotary Passport Melbourne







Friday, we travelled to one of the schools getting a water filter - Angkor Thom Secondary.

The biosand filter was installed in the school courtyard away from the latrines. It was a proud day to be Rotarians and seeing the impact that this project is going to have. Looking at the biosand system and the sign with the Rotary logos and supporting partners was humbling.

It was such a thrill to see a biosand in place with taps ready to be turned on.

The principal was delighted to welcome and thank us for the valuable contribution we were making to her school and ultimately the students and community. This school was not chosen randomly. When assessed by CRST the principal and community indicated the need for clean water for the students. This school has 1500 students, 900 of these being girls.



We had meetings with the Clear Cambodia and Engineers without Borders experts who are the in country people helping design, implement and then train in care of and maintenance of both the filters and toilets



Saturday, was a special day as the Minister of Environment was invited to see one of our completed installations of the biosand filtration system. We had the media follow this and what was most exciting about this was it was ready to go, the taps were on, the water had been tested and it was ready to drink, which we all did with great excitement. It was delicious.

The Minister for the environment spoke to the students about the importance of not using plastic bottles but using reusable drink bottles which the students of CRST will distribute







We want to emphasise the impact that this project is having on the lives of Cambodian secondary students and how proud we were to be Rotarians seeing the project in action. Thankyou Rotary Foundation, Rotary Clubs of Keilor East, RPM and Altona City. a very special thankyou to our partners CRST who are amazing in what they do.

Cambodia Travellers 4. August 2022

It's been a wonderful trip and we had a few more exciting projects and events to attend and be part of. The opening of the new CRST campus was a highlight. We had been shown around the campus the day before all the official hoopla. The opening ceremony was attended by a number of important people including the Ministers for Health, environment and education. There was also a representative from the Aus embassy. Speeches were done and then we went back to the campus for the cutting of the ribbon. A celebratory lunch at Shinta Mani was delicious.

 the same weekend the new Rotaract club of Siem Reap was chartered. 54 young people have joined. District Governor 3350 Mitsutaka lida handed over to charter president Sokal Nov

It was a fun ceremony and rotaractors from Phnom Penh were there alongside Rotarians from Bangkok, Australia and Singapore to support.

- Project B is another exciting project led by the CRST students. They visit poor families of students from Sret Village secondary school to determine where the need is. A form of community Assessment. There were 15 bikes presented on our visit with each student also receiving a solar buddy and school supplies. The smiles on the faces were priceless as they rode out of school on their new bikes. RC Keilor East seeded 27 bikes for this project.
- Cambodian clean water and toilet project is run by Darrel Steer, an Aussie making a big difference. he and his team of local workers build toilets and water pumps for village families. Education is central and the difference for healthier lives for these adults and children by having access to clean water and sanitation is amazing.
- we also visited Safe Haven and had a tour of the facility. From when Helen and I first visited the change is incredible. 27 local people employed compared to 4 and 157 families on the books. Equipment we have sent is being used and they were thrilled to receive the wheelchairs.

A final fun excursion to the floating village rounded off a great visit. Schools, homes, medical centres and even police building all on stilts

















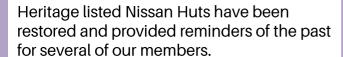
August 1st Club Meeting - Camp Getaway, Axedale - Our connection over many years - Yvonne Osborn



A Sensory Garden



Benji Harrold and his wife Tara is the current Caretaker at Camp Getaway. He and Tara have two sons, Luke and Caleb.





Rotary Youth Exchange Students have helped at Camp Getaway over the years. Luna was from Norway and was hosted by Bendigo South Rotary. Saturday nights at our Camp Getaway Weekend Working Bees are a great opportunity to provide dinner for participants and guests from Bendigo South Rotary.

August 1st Club Meeting - Camp Getaway, Axedale - Our connection over many years - Yvonne Osborn



Left:. A trip down Memory Lane as we completed some planting around the dormitories at Camp Getaway in April 2010.



Young Mark Tognon helped clean spouting in preparation for Summer.

Above: Long-time friend of Keilor East Rotary, Anne Peace with great Working Bee organizer Arnold Vandenham.



Dinner at Axedale Tavern starts our weekend off well. Bendigo South Rotarians usually join us.



BBQ Lunches have been a feature of our Saturdays at Camp Getaway.

August 1st Club Meeting - Camp Getaway, Axedale - Our connection over

many years - Yvonne Osborn



Above: A few Bowling Championships have been undertaken in the spacious hall after dinner.



Raffles have helped with catering costs.



Above: The beds are comfortable, and the twinshare cabins have ensuite facilities.



We have undertaken a variety of tasks besides planting, weeding and trimming.



Thankfully, the cold mornings have turned into beautiful Spring days on many occasions.



The completed commercial kitchen makes catering a lot easier.

August 10th Morning Tea at The East Pantry in the Centreway, Keilor East, to Celebrate our Club's actual Birthday - Presentation of Lloyd Lancaster's Honorary member Badge.



Immediate Past President Yvonne Osborn presented Charter Member of Keilor East Rotary Lloyd Lancaster with his Honorary member Badge on the 39th Birthday of the Club. Photo by Gerard Mahoney.



Left: Barbara and John Rafter were there to help Lloyd celebrate 39 years with Keilor East Rotary.

Left to Right: Marianne Potgieter, Barbara Rafter, John Rafter, Tina Ballos, Paul Perrottet, Ken Allan, David Dippie, Gerard Mahoney, Yvonne Osborn, John Walsh (also also a Charter member of KERC) and Lloyd Lancaster. Yvonne Osborn was celebrating 20 years as a member of Rotary Keilor East. She was inducted at the Club's 19th Birthday in 2002.

UPCOMING EVENTS







You are invited to attend the

ROTARY LEADERSHIP INSTITUTE



The Rotary Leadership Institute Program presents a wonderful opportunity for experienced Rotarians, new members and indeed people interested in finding out more about Rotary to take some time to experience the history, current and new initiatives related to this great organisation we call Rotary.

It is especially relevant for people moving into leadership roles in the club.

Part 1 & 2:

In this session you will:

- Learn innovative ideas and strategies to influence improvement in your club
- Learn how to attract and retain new members
- Explore the resources in My Rotary and learn how these can help you and your club
- Find out about the structure of Rotary at Club, District, National and International level.
- Learn about effective leadership styles and behaviours when working with volunteers.
- Explore tips that work in effective Rotary teams and the importance of planning.

Part 3:

In this session you will:

- Understand about The Avenues of Service in your club and other clubs, projects that exist and the goals and purpose of such projects.
- Learn how to access funds to support projects.
- Gain an insight into the Rotary Foundation
- Learn about opportunities to secure District and International Grants.

Part 4:

In this session you will:

- Learn effective strategies in promoting the great work done by your club members.
- Learn a technique that will enable you to tell the stories that make your projects important for others.
- Learn tips and techniques that enable you effectively to use social and print media.
- Prepare and deliver short, impactful, and engaging information about "your Rotary" experience.

Next Session:

Part 1 and 2 Sunday 14 August at 11am for 90 minutes

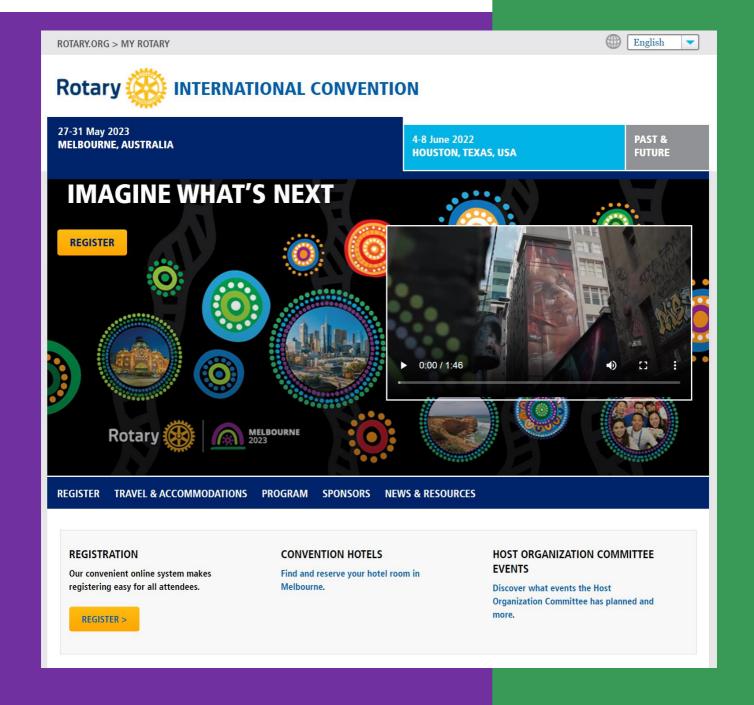
Part 3 Sunday 21 August at 11am for one hour

Part 4 Sunday 28 August at 11am for one hour

To register email Jane Pennington

Jane.Pennington@rotary9800.org by 5 August

There is a limit of 20 people for each program.



Our Next Keilor East Rotary Meeting is on Monday 15th August at Rivervue 25 Bella Vista Drive Avondale Heights.

Parking is across the intersection in the public carpark at the sports facility in Canning Street. Members who would like a ride from the carpark to the venue will be transported across.



Monday 22nd August

Guest Speaker - Your Age Advantage -

Mission

To help the Australian community recognize that contributed wisdom and experience can come from any age no matter what stage in life.

To help employers transform their workforces into innovative, multigenerational teams.

To advise businesses on how to attract and retain a diversely aged workforce for a stronger and more effective workplace.

To re-skill older adults in Australia by introducing an entrepreneurial mindset.

To help create a more caring, connected and helpful community for all.



Rivervue Lifestyle Village will be the setting for our August 15th Meeting as we celebrate Rotary Keilor East's 39th Birthday.

We welcome your suggestions for future Guest Speakers. Email keiloreastrotary@ gmail.com

Date	Day	Speaker/ Event	Contact
August 15	Monday	Our Club's 39th Birthday Dinner at <u>"Rivervue"</u> 25 Bella Vista Drive Avondale Heights	David Dippie
August 22	Monday	Your Age Advantage	David Bennett
August 26 -28	Friday evening Saturday and Sunday	Weekend Working Bee at Camp Getaway Axedale	Yvonne and Cherrie Osborn
August 29	Monday	Deb, Helen and Cherrie speak about their experiences in Cambodia and our Project W in collaboration with CRST Cambodian Rural Students Trust	Deb, Cherrie and Helen
September 5	Monday	Guest Speaker	
September 12	Monday	Club Project Meeting	
September 18	Sunday	Great Strides BBQ for Cystic Fibrosis Support	Joe Albioli
September 19	Monday	Guest Speaker from Ryman (Aged Care)	
September 20	Tuesday	Club Board Meeting	
September 26	Monday	Club Project Meeting	

Our new Program Director, David Bennett, assisted by President Nominee David Dippie, will be coordinating a program of Guest Speakers and activities for the 2022-2023 Rotary Year.

Your ideas are welcome keiloreastrotary@gmail.com

Club Birthdays and Anniversaries

Birthdays

August 7: Wayne Parker (Athena's partner) August 10: Keilor East Rotary is 39 years old

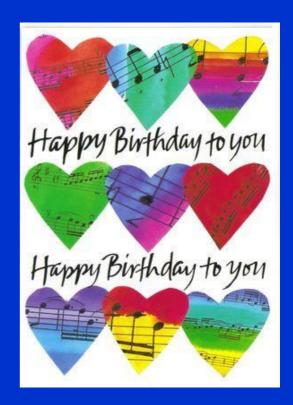
August 11: Trish O'Brien August 13: Joel Hewish August 20: David Barnes August 22: Peter Tomlinson



August 27: Arnold and Pam Vandenham

Rotary Anniversaries

August 1: David Barnes 1991 August 1: Bruce Cameron 1984 August 1: Peter Tomlinson 1991 August 10: Lloyd Lancaster 1983 August 10: John Walsh 1983 August 22: Vanda Mullen 2011







Member News



Above: Marianne Potgieter and Barbara Rafter attended the celebratory Morning Tea at <u>The East Pantry</u> on our Club's 39th Birthday.

Get Well Soon



Khaled Ebrahim has been unwell and has been in Sunshine Hospital. We all wish him a speedy recovery.





Happy 29th Birthday Rayssa Coimbra Rotary Youth Exchange 2011

It would be great to get more photos of our members and families for our next Newsletter. Send to my phone 0411773360 or email to keiloreastrotary@gmail.com

Above: Rayssa with host Mum, Yvonne Osborn, and at our recent Moonee Valley Art Show with her Australian boyfriend, Adam Leeds.

We thank our Generous Sponsors



We are also very grateful to have the sponsorship of Smart Storage World in Keilor East for the storage of our Club trailer. We appreciate their support for us and urge Club Members and friends to make use of this local business.

For all your Home or Business Storage, including Boats, Caravans and Cars, call 0408 KEILOR or 0408 534 567. The business can be found on the Web at http://smartstorageworld.com.au/

PROUDLY SUPPORTING THE COMMUNITY
Keilor East Community Bank® Branch
53 Wyong Street Keilor East | Phone 9331 5811

Bendigo Bank

Keilor East Community Bank has been an outstanding sponsor of our Club projects over many years. We are very appreciative of their generosity and support and urge Members, family and friends to use the bank which supports its local community. Tina Ballos who is a member of the Rotary Club of Keilor East, is the Branch Manager. Our Past President, Gerard Mahoney is Chairman of the Bank Board.



