



ROTARY KEILOR EAST NEWSLETTER

Rotary Club 21222 -

Charter granted 10th
August 1983

August 6th, 2023 -
Volume 41 Number 3

Club Motto - "Fun and
fellowship whilst helping
others"

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CREATE HOPE
in the WORLD



Honouring
Steve Pennicott
and his Rotary
service.



President's Report

by President David Dippie

I've been reflecting on our support for the National Tree Day Event. Our Club Members performed brilliantly as you would expect and a lot of goodwill was generated, but we need to use all our events as an opportunity to increase public involvement. Our aim should be to have members of the public helping us at every event.

The need to develop a database of people who care about our service activities. We are involved in a wide range of projects and many people would be prepared to help with specific areas. Each of us needs to reach out to as many people as possible and share what we do.

We need to promote all the things we are doing and find out which areas interest our contacts and ask if they may be prepared to help when we are taking action in their area of interest.

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President's Report - continued

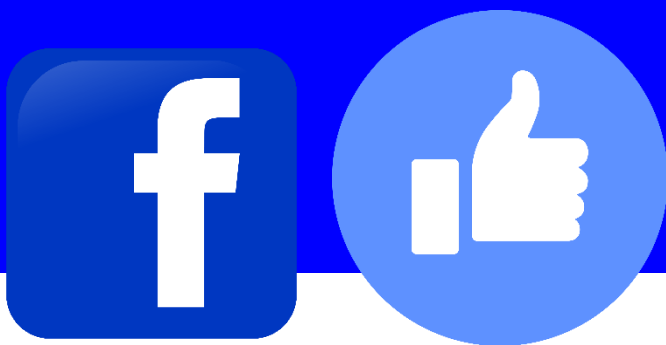


Every event should be linked to a cause. We will not change how Bunnings funds are distributed, but this does not stop us telling people that one of the projects being supported this month is XXXXX. We inform the people who care about the project and ask them to help. "We are raising funds for XXXXX at Bunnings this month, can you spare 3 hours to help with the sausage sizzle". Or "We are going to plant some trees and feed the workers, can you help?"

We will use Facebook to appeal to a wider audience with the same message. Increasing the Friends of our Facebook page and sharing more posts must be one of our major goals. I'm no Facebook expert, but I am confident that with guidance I could get some people to like our Facebook page.

Imagine the impact if each of us could add one Facebook follower each month.

President David Dippie



Right: A Message from our Facebook page on Saturday 5th August.

Rotarians who are on Facebook are encouraged to share our posts. We understand that not everyone wants to use social media.

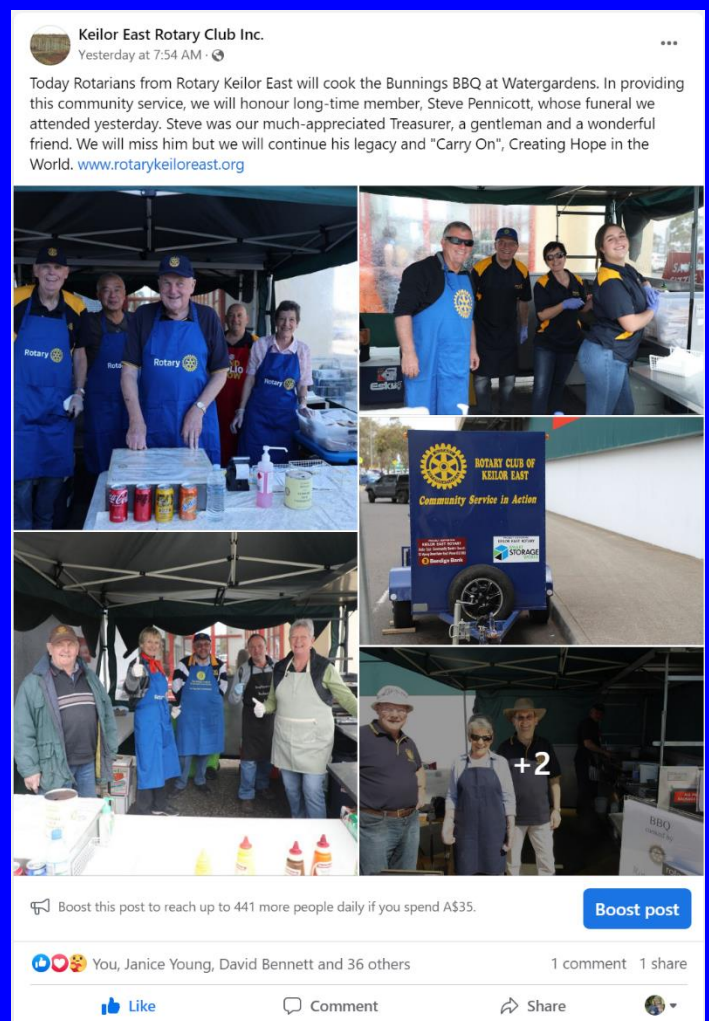
Facebook posts provide us with the opportunity to ask for help at times, to publicise our events and to help with our quests to collect such items such as

Foreign Coins

Childrens Toothbrushes for Timor Leste

Toiletries for Share the Dignity Bags

Tea towels for WERN - Western Emergency Relief Network



July 14th, 2023 - Guest Speaker -Chris Callinan -Black Dog Institute

On Monday July 24th we heard from Chris Callinan, a volunteer with the Black Dog Institute.

I was a teacher in both Primary & Secondary Catholic Schools for 42 years, & my last position was Head of Wellbeing in a school of 2000 students. I've been retired for the past 5 years. My two key beliefs:

#'You never know what's happening in someone else's life'

'Only worry about the things you can change'

About Black Dog Institute

Science. Compassion. Action.

1 in 5 of us will experience symptoms of mental illness in any given year. In Australia that's around 5 million people. And roughly 60% of these people won't seek help.

Black Dog Institute, as the only medical research institute in Australia to investigate mental health across the lifespan, aims to create a mentally healthier world for everyone.

We do this through 'translational' research. Integrating our research studies, education programs, digital tools and apps, clinical services, and public resources to discover new solutions, foster connections and create real-world change.



Black Dog
Institute

Chris told us about his large family and how he was able to survive a period of severe depression through their amazing support. He also credits his counsellor, his doctor and his teenage daughter for whom he was able to take a Consistent, caring, routine role, taking her and collecting her from school, talking in the car. He thought that formula worked to help him heal. He now helps others going through similar issues.

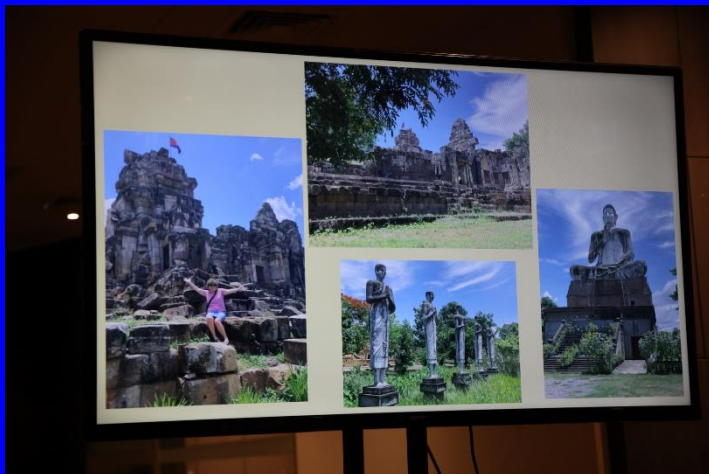
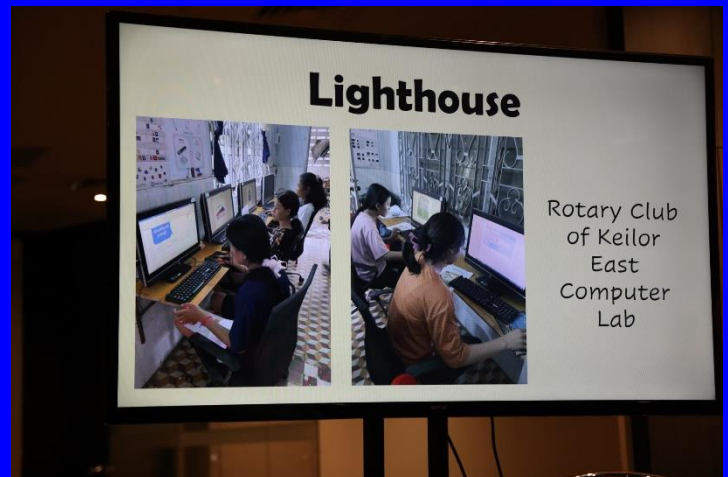
Chris's brother is [Damian Callinan](#), actor and comedian, star of The Merger.



For more information go to the [Black Dog Institute Website](#).

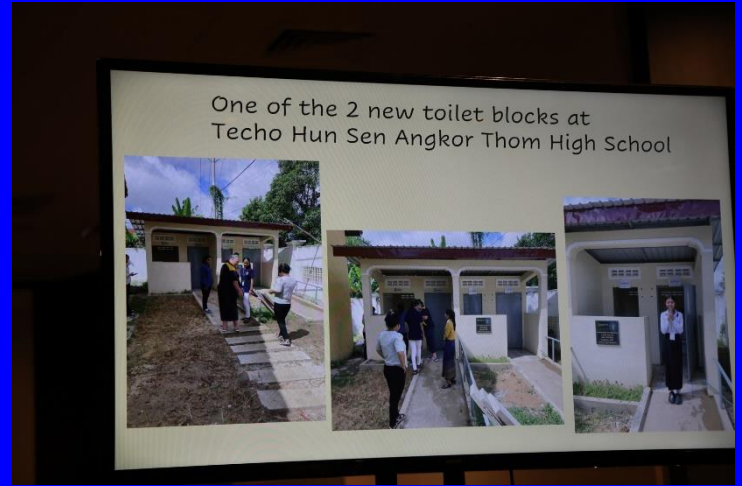
Our Cambodian Adventures – Deb Sloggett and Helen Penna

On Monday July 31st we heard from our Immediate Past President Deb Sloggett and Secretary Helen Penna about their recent trip to Cambodia. Whilst there, they visited our Club's Projects in conjunction with CRST – [Cambodia Rural Students Trust](#) and some of their own projects from their charity, Care4Cambodians.

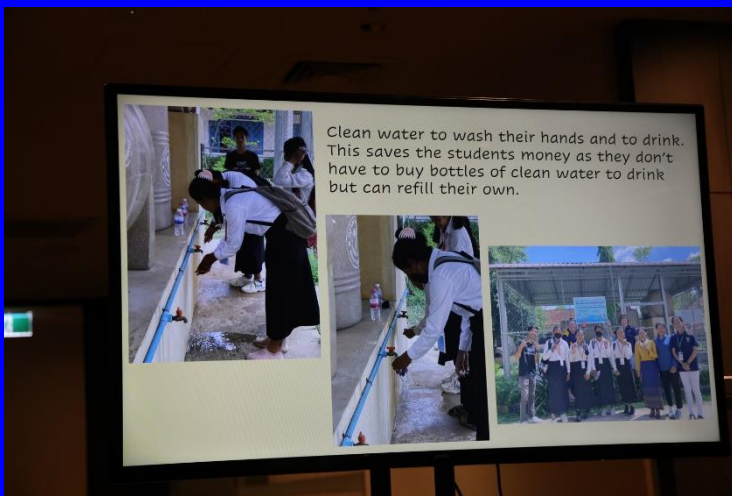


More information about our Cambodian Projects can be found on our new [website](#).

Our Cambodian Adventures - Deb Sloggett and Helen Penna



Above: Deb and Helen visited schools which, thanks to Project W, now have fresh water (filtered by biosand filters) and plenty of new toilets.



Above: Deb and Helen used their Days for Girls experience and skills to help pack sanitary kits for distribution to local high school girls.



Above: Helen Penna with some of the CRST students.

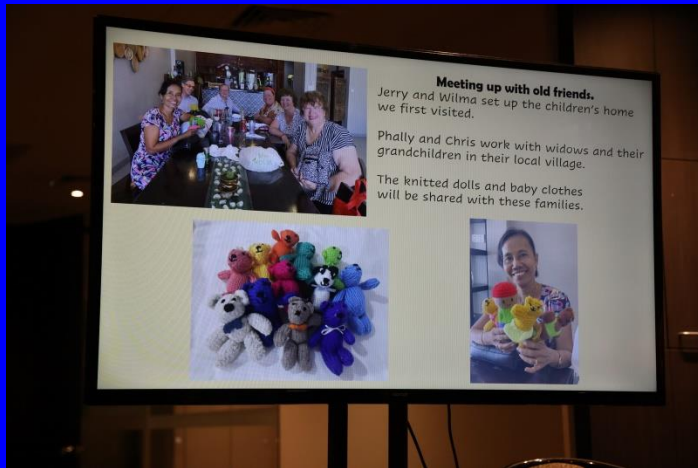


Above: These solar lights allow students to do homework after dark.

Our Cambodian Adventures – Deb Sloggett and Helen Penna



Thank you for representing us in Cambodia Deb and Helen. We are inspired by your work and your commitment to Service Above Self.



Club Runner – Hosts our record storage and our New Club Website – Why not make time to explore it? Type Cambodia into the Search box on the home page and see what happens.



We thank Tony Thomas for all the work he has done to set it up.
www.rotarykeiloreast.org



National Tree Day - Sunday 30th July 2023



Above : An Indigenous Elder, Uncle Dave, explained the indigenous relationship to the land and started the day's planting with a Traditional Smoking Ceremony.

Above: Gerard Mahoney got straight into the planting. Around 350 people helped on the day. Below: Gerard Mahoney and Lesley McCarthy from Rotary Flemington/Kensington.



Left: Keilor East Rotarian and MP for Niddrie , Ben Carroll, and local councilors spoke to locals and lent a hand with the planting.



Below: L to R : MVCC Councilor Rose West, Moonee Valley City Council Mayor Tyson Pierce, Adele and Jasmine, her friend and fellow 2nd year Environmental Science Student from Melbourne University.



Above: Our Sausages were very popular with the National Tree Day participants.



UPCOMING EVENTS

Let's book our tickets early for our Club's 40th Birthday celebration.

The actual Club Birthday is on August 10th. With that being a weekday, there is a chance to catch up at morning tea at [The East Pantry](#) in the Centreway, East Keilor at 10.30 on August 10. RSVP Monday by 7th August for both events.



You are invited to

Join us to celebrate our

Rotary 
Keilor East

**40TH
BIRTHDAY**

SUNDAY 13TH AUGUST 2023

LUNCH - 12.00 FOR 12.30PM

Riverside Kitchen and Bar
75 Newsom Street Ascot Vale

3 Course Lunch – \$60 per person.
Children under 16 – \$20.
Drinks at bar prices. Please advise any special dietary requirements.

Bookings –
<https://www.trybooking.com/CJTEQ>
Further enquiries – Past President Yvonne Osborn 0411773360 or keiloreastroary@gmail.com

UPCOMING EVENTS



Guided tour: Lindsay Fox Car Museum, Docklands

We've organised a club visit for a guided tour of the Lindsay Fox Car Museum in Docklands. The tour starts at 11am sharp Thursday August 31, followed by an optional lunch nearby. We'll organise car and Uber pooling, as public transport to Docklands is somewhat awkward.

The museum ticket admission is \$17, or \$10 concession. Kids \$6. The museum has a free car park, but cars can't stay there when the tour finishes. So, if you don't want lunch, you can drive there conveniently.

The Fox Classic Car Collection, housed in the historic Queen's Warehouse, contains dozens of the world's most rare and prestigious vehicles.

These cars have been collected over a 50-year period by Lindsay Fox, Founder of Australian logistics company Linfox, and donated to a Trust to raise funds for charity and for the public to enjoy. Lindsay has a passion for classic vehicles, with his collection including models from Mercedes Benz, Jaguar, Porsche, Ferrari, Bentley, Volkswagen, Ford, Rolls Royce, MG, Lexus and Nissan between 1923 and 2020.

Some vehicles have previously been owned by Ringo Starr, Bing Crosby and Bob Jane to name a few.

The collection is steeped in history, one-off prototypes, and cars that dreams are made of. Book [Here](#).

UPCOMING EVENTS

RAELENE BOYLE
RETIREMENT VILLAGE

UNDER THE HAMMER WITH CHAUNTEL CONSIDINE

Jellis Craig



EVERYTHING YOU WANTED TO ASK A REAL ESTATE AGENT BUT WERE TOO AFRAID TO ASK

Join top local agent Chauntel Considine, Director & Auctioneer of Jellis Craig Moonee Valley as she shares her extensive knowledge and expertise in local real estate. Chauntel will provide invaluable insights on evolving market trends, strategies for preparing a home for sale, how to choose an agent, marketing your home and other useful topics.

WEDNESDAY AUGUST 16TH AT 1PM

RAELENE BOYLE
RETIREMENT VILLAGE
2 Vida Street, Aberfeldie
Visitor parking available

Please RSVP to Sales Advisor
Amanda Brocklebank mobile
☎ 0427 431 071

✉ amanda.brocklebank@rymanhealthcare.com

DO YOU HAVE ANY UNWANTED FOREIGN COINS OR NOTES?



We collect unwanted foreign coins and notes for the Rotary International project to provide specially impregnated mosquito nets to families and villages in the Pacific Islands which help reduce the cases of Malaria.

All donations are greatly appreciated.

Thank You Barbara and John Rafter
Rotary Club of Keilor East D9800

Rotary 



OPEN DAY

SUNDAY 8 OCT

East Keilor Community Garden

Our Next Meeting - Monday 7th August

Venue is the Legends Room on the second floor.

7.00pm- Meeting with Guest Speaker Dino Suppupo -Former Brimbank Central Rotarian and Pharmacist who studied nursing when he foresaw changes ahead in the operation of pharmacies.



On August 14th we will have Andrew Kitchen from the Fathering Project as our Guest Speaker

A retired Company Director having spent most of his employed life working for a Norwegian ship owning and ship operating company. At our peak they were responsible for 75 bulk carriers which we operated out of the Melbourne office and these vessels traded all around the globe.

His work involved considerable overseas and local travel. Whilst he worked predominantly in Melbourne, time was also spent in Sydney, Hong Kong, London and Oslo. He is now thoroughly enjoying retirement, activities include U3A (University of the 3rd Age), cycling, tennis, Pilates, reading, babysitting, family, volunteer work and when time permits, travel.

In addition to 'The Fathering Project', Andrew also volunteers for 'Support After Suicide'. As part of the 'Victoria Police Diversity Program', he tutors Somalian refugees who wish to join the Vic Police Force and require assistance in English, Numeracy, Psychology and Interview Skills to enter the Victoria Police Academy.



Windy Hill Bistro is the venue for our dinner, (order from the menu), before our 7.00pm Monday Rotary Meeting in the Legends Room on Level 2.



We welcome your suggestions for future Guest Speakers. Email keiloreastroty@gmail.com

Upcoming BBQs in 2023 @ Bunnings Taylor Lakes

Feb	Saturday	4
Mar	Sunday	5
Apr	Saturday	1
May	Sunday	7
June	Saturday	3
July	Sunday	2
Aug	Saturday	5
Sep	Sunday	10
Nov	Saturday	4
Dec	Sunday	3

Calendar

Date	Day	Speaker/ Event	Contact
August 5	Saturday	Bunnings BBQ at Watergardens	Tina Ballos
August 7	Monday	Guest Speaker - Dino Suppupo - Former Brimbank Central Rotarian and Pharmacist who studied nursing when he foresaw changes ahead in the operation of pharmacies.	David Dippie
August 10	Thursday	Our Club's actual Birthday - Morning Tea at The East Pantry, Centreway, East Keilor	Yvonne Osborn 0411773360
August 13	Sunday	Rotary Keilor East 40th Birthday Celebration - Our Club was Chartered on August 10 1983	Ginny Billson Yvonne Osborn
August 14	Monday	The Fathering Project - Andrew Kitchen - Work Life Balance	David Dippie
August 19	Saturday	Open Day at DIK - Donations In Kind Store, Shed 39, 400 Somerville Road West Footscray	David Dippie Deb Sloggett Paul Perrottet
			
August 31	Thursday	Guided Tour of Lindsay Fox Car Museum in Docklands 11am - 12.15pm followed by lunch	Tony Thomas
September 17	Sunday	Great Strides Run/Walk for Cystic Fibrosis Community Care	Joe Albioli
September 18	Monday	District Governor Ron Payne and Deb's Visit - Partners Night	David Dippie and the Club Board

Our Program Director, David Bennett, assisted by President Elect David Dippie, will be coordinating a program of Guest Speakers and activities for the 2022-2023 Rotary Year.

Your ideas are welcome keiloreastrotary@gmail.com

Club Birthdays and Anniversaries

Birthdays

July 4: David Bennett
July 7: Yvonne Watson
July 12: Heather Honeyborne
July 12: Ben Carroll
July 19: Joe Albioli
July 19: Stephanie Hewish
July 31: John Bergbauer (past member)
August 7: Wayne Parker
August 10: Keilor East Rotary Club (40)
August 11: Trish O'Brien
August 13: Joel Hewish
August 14: Rayssa Coimbra Rotary Exchange Student (30)
August 20: David Barnes
August 22: Peter Tomlinson

Wedding Anniversaries

July 11: Patrick and Heather Honeyborne
July 14: Joe and Liz Albioli (50th)
July 15: Daryl and Sonja Cornish
August 27: Arnold and Pam Vandenharn

Rotary Anniversaries

July 9: Ben Carroll 2012
August 1: David Barnes 1991
August 1: Bruce Cameron 1984
August 1: Peter Tomlinson 1991
August 10: Lloyd Lancaster 1983
August 10: John Walsh 1983
August 22: Vanda Mullen 2011



A tribute to our good friend

Steve Pennicott

Stephen George Pennicott
6 Dec 1937 – 26 July 2023



Steve attended most of our social events, including weekends away, and enjoyed a glass of his favourite red wine.



Steve Pennicott joined Keilor East Rotary Club on December 1st, 1991. He became Club Treasurer and only recently handed over to our current Treasurer, Paul Perrottet. Steve was a valued member of the Club and a friend to us all. Steve was a valued helper at our annual Moonee Valley Art Show, handling the sales of artworks.



He enjoyed our annual working bees at Camp Getaway. He received several Paul Harris recognitions for his dedicated work for Rotary.

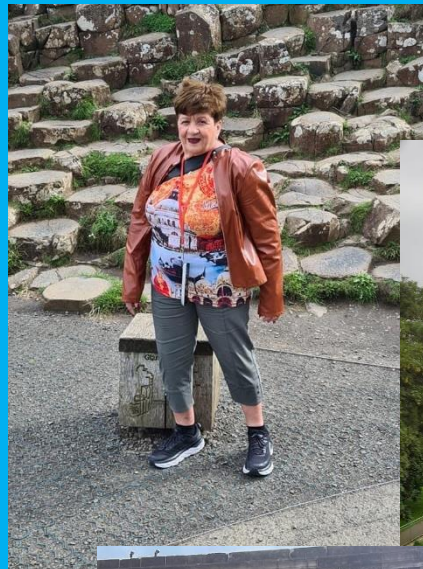


We managed the collection for Peter Mac Cancer Centre at the annual Peter Mac Cup for many years. Steve was on the Board for many of his years in Rotary. He never hesitated to help while he was able. We will always remember him and his Service above Self.

Member News



Left: Cherrie Osborn and her daughter Tania spent a few days at Lorne. They can thoroughly recommend the tiny house in its bush setting, surrounded by wildlife. A great getaway.



Left: The Bishop's Gate of the Derry wall.

Yvonne Watson has been travelling in Scotland and Ireland on a trip which was postponed due to Covid travel restrictions. We look forward to hearing about her adventures. Above: The Giant's Causeway, County Antrim, Northern Ireland.

It would be great to get more photos of our members and families for our next Newsletter. Send to my phone 0411773360 or email to keiloreastroty@gmail.com

We thank our Generous Sponsors



PROUDLY SUPPORTING THE COMMUNITY
Keilor East Community Bank® Branch
53 Wyong Street Keilor East | Phone 9331 5811
 **Bendigo Bank**

Keilor East Community Bank has been an outstanding sponsor of our Club projects over many years. We are very appreciative of their generosity and support and urge Members, family and friends to use the bank which supports its local community. Tina Ballos who is a member of the Rotary Club of Keilor East, is the Branch Manager. Our Past President, Gerard Mahoney is Chairman of the Bank Board.

We are also very grateful to have the sponsorship of Smart Storage World in Keilor East for the storage of our Club trailer. We appreciate their support for us and urge Club Members and friends to make use of this local business.



For all your Home or Business Storage, including Boats, Caravans and Cars, call 0408 KEILOR or 0408 534 567. The business can be found on the Web at <http://smartstorageworld.com.au/>

