

ROTARY KEILOR EAST NEWSLETTER

Rotary Club 21222 -

Charter granted 10th August 1983

July 23, 2023 - Volume 41 Number 2

Club Motto - "Fun and fellowship whilst helping others"

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Our 2023-2024 President David Dippie.

President's Report

by President David Dippie

PDG Murray started this thought process when he talked about Polio Eradication. How are we going to tell this great Rotary story and get the public involved. I am thinking about the retirement village I live in and how I can share this with them.

Soon we will have members in four retirement villages, with collectively around 1000 residents. This provides us with a wonderful opportunity to increase Rotary awareness and support. Let's find out what promotional ideas are available. Could we get a resident in each of the villages to walk for Polio?

I have raised the possibility of a Cluster event with a walk along the Maribyrnong River, it will be interesting to see the response.

At our last meeting we introduced our new website and management program. This has the potential to be a game changer for our Club. A special thanks to Tony Thomas for his great effort in getting in helping to establish Club Runner. Please acquaint yourself with our website and start to think about how you are going to use it. Who are you going to encourage to look at website and to help us with our projects?

David Dippie - President 2023-2024

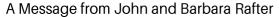
President's Report - continued



Rotary Keilor East has handed over 240 birthing kits for remote Philippines islands. Roy Carbungco, President of the <u>Pampagueno Club</u>, and Lydia John, received the kits from our members.

An Appreciation Certificate was presented to David Moore, Manager, Keilor Retirement Village, for the use of the Conference Room for the working bee afternoon to make the kits.





On Monday night I announced the 2022/23 proceeds (from RC of Hornsby, NSW) for the collection of foreign coins and notes for the RC of Keilor East - which was \$2,800.52

the money will be distributed between

\$1,000 for ROMAC (as suggested by Cherrie) \$1,000 to support a high school student for ONE year through the Cambodian Rural Student Trust (CRST) The student you will be sponsoring is Sokny \$800.52 to Rotarians Against Malaria (RAM)

The total donations, since RC Brimbank members joined RCKE (4 years) is \$15,947.95

Yesterday, John and I, deposited \$207.60 into the RCKE International Account.

This money was raised from donation tins at the Keilor Village Pharmacy for signing Justice of the Peace documents, the sale of calendars and any other donations.

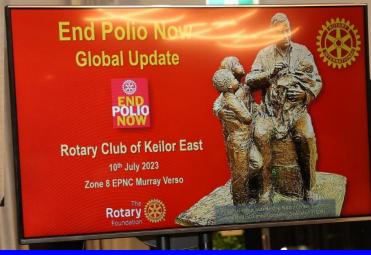






On Monday July 10th Past District Governor gave us an outstanding presentation about Polio Today.











Dr Murray Verso

The history of polio and the story of polio plus Murray's service within Rotary is phenomenal. He is currently End Polio Coordinator for Australia, N.Z. &

Pacific Island Countries (Zone 8)

The focus of the End Polio Now Campaign is the complete eradication of Polio from our world. There is still a way to go, but we are getting closer.

The Polio virus has devastated countless lives, and many survivors of Polio have continued to suffer from "Post- Polio Syndrome." In early 1950 Dr Jonas Salk invented an injectable vaccine, and in 1951 a droplet form of the vaccine was formulated by Dr Albert Sabin. However, distribution throughout the world for years has been haphazard, until a Rotarian, Sir Clem Renouf, (R.I. President 1978-1979) galvanised a global immunisation program, to eradicate Polio - joining forces with the World Health Organisation, UNICEF, Governments of the World, and latterly the Bill & Melinda Gates Foundation. Since that time, over 3 billion children have been immunised.

Club Runner - Our New Club Website -Tony Thomas - Monday 17th June 2023 www.rotarykeiloreast.org



Photos from our Meeting: President David outlined our Club's new communications strategy; Tony Thomas walked members through a live demonstration of the website and Clubrunner App; and David says hi to member Vanda Mullen.



We thank Tony Thomas for all the work he has done to set up Club Runner for Rotary Keilor East. It is hoped that Club Members will take the opportunity to look through what has already been presented at www.rotarykeiloreast.org and then download the mobile app which is available on the App Store on your iPhone or Android Phone.











Our thanks go to the Keilor East Rotarians and to the members of other Rotary Clubs and Probus Clubs who helped at our weekend working bee over the past weekend.

We were fortunate with the weather which, while the mornings were cold, was generally sunny. Cherrie Osborn and other members kept the woodfires burning in the hall and dining rooms, delicious meals were provided by the brilliant team in the kitchen (Cherrie Osborn, Annie Webb and Ginny Billson) and everyone cheerfully cooperated to undertake many tasks from the long wish-list that Caretaker Benji Harrold had written on the whiteboard. A Rotary Raffle was well supported and was drawn by District Governor Ron Payne from Eaglehawk Rotary Club. He and his wife Deb were a valuable addition to the workforce on Sunday morning, working to clear the leaf litter from the Mini Golf Course.







Above: Olga Hilton and Sabina Anderson are from Taylors Lakes Probus. Olga is also a member of Melton Rotary Club.

Below: our Chefs with the great Raffle prizes. Our thanks go to Cherrie and Annie for organizing these. We raised \$170 to help with food costs.





Above L to R: Michael Donnelly and Deb Sloggett.



Above: Deb Sloggett was getting in some tree planting practice for National Tree Planting Day next Sunday. Right: Michael Donnelly gave them some mulch



Above: Margaret Webb from Melton Rotary and her husband Roger came up from Toolern Vale for the day to help us and Paul Gibbons from Bendigo South Rotary with some tree planting.





Benji.

shaped fungi.

Above: Sabina loved working the wood splitting machine with Robert, Bronwyn and Benji. She stopped to photograph the creatures and fungiinside the logs. Right: She found a delicate fan

Above: Piano tuning was on the wish list. Olga gave the keys a clean in preparation for that. Hopefully, we can find someone to help us with tuning soon.





Left:. Another great meal by our chefs. We had many opportunities to socialise and cooperate. We can highly recommend the volunteering experience at Camp Getaway.

Above: Eggs and bacon are cooked to perfection by Ginny, Annie and Cherrie.



Left: District Governor Ron Payne and his wife Deb helped on Sunday morning. Together a team, including Suzanne Zammit from Rotary Footscray, transformed the Mini Golf course. They stayed for lunch with his and he drew the raffle.



Above: Sabina loved working the wood splitting machine with Robert, Bronwyn and Benji. She stopped to photograph the creatures and fungi inside the logs. Right: She found a delicate fan shaped fungi.



Let's book our tickets early for our Club's 40th Birthday celebration.

The actual Club Birthday is on August 10th. With that being a weekday, there is a chance to catch up at morning tea at The East Pantry in the Centreway, East Keilor at 10.30 on August 10. RSVP Monday by 7th August for both events.



You are invited to



40TH BIRTHDAY

SUNDAY 13TH AUGUST 2023 LUNCH - 12.00 FOR 12.30PM

Riverside Kitchen and Bar
75 Newsom Street Ascot Vale

3 Course Lunch — \$60 per person. Children under 16 — \$20. Drinks at bar prices. Please advise any special dietary requirements.

Bookings -

https://www.trybooking.com/CJTEQ Further enquiries — Past President Yvonne Osborn 0411773360 or keiloreastrotary@gmail.com



Guided tour: Lindsay Fox Car Museum, Docklands

We've organised a club visit for a guided tour of the Lindsay Fox Car Museum in Docklands. The tour starts at 11am sharp Thursday August 31, followed by an optional lunch nearby. We'll organise car and Uber pooling, as public transport to Docklands is somewhat awkward.

The museum ticket admission is \$17, or \$10 concession. Kids \$6. The museum has a free car park, but cars can't stay there when the tour finishes. So, if you don't want lunch, you can drive there conveniently.

The Fox Classic Car Collection, housed in the historic Queen's Warehouse, contains dozens of the world's most rare and prestigious vehicles.

These cars have been collected over a 50-year period by Lindsay Fox, Founder of Australian logistics company Linfox, and donated to a Trust to raise funds for charity and for the public to enjoy. Lindsay has a passion for classic vehicles, with his collection including models from Mercedes Benz, Jaguar, Porsche, Ferrari, Bentley, Volkswagen, Ford, Rolls Royce, MG, Lexus and Nissan between 1923 and 2020.

Some vehicles have previously been owned by Ringo Starr, Bing Crosby and Bob Jane to name a few.

The collection is steeped in history, one-off prototypes, and cars that dreams are made of. Book <u>Here.</u>

National Tree Day



Join Australia's largest community tree planting day! Enjoy the fun and chance to get active outdoors in nature. Bring your family and friends to help us create a cool, green and healthy Moonee Valley and grab a hot cuppa for your hard work.



Scan the QR code for

more information or visit mvcc.vic.gov.au/tree-day-23

- Gloves and tools provided on the day
- ✓ Hot drinks and snacks
- ✓ Kid and grandparent friendly
- Plant seedlings to boost biodiversity
- ✓ Nature play activities
- ✓ Meet local critters
- ✓ Behind the scenes of Rosehill wetlands
- ✓ FREE
- + Please BYO water bottle and reusable cup

This project has been supported by the Victorian Government's More Trees for a Cooler, Greener West program. Moonee Valley City Council respectfully acknowledges the traditional custodians of this land, the Wurundjeri Woi-wurrung People of the Kulin Nation.









DO YOU HAVE ANY UNWANTED FOREIGN COINS OR NOTES?



We collect unwanted foreign coins and notes for the Rotary International project to provide specially impregnated mosquito nets to families and villages in the Pacific Islands which help reduce the cases of Malaria.

All donations are greatly appreciated.

Thank You Barbara and John Rafter Rotary Club of Keilor East D9800



Our Next Meeting - Monday 24th July Venue is Premiers Room on the first floor at Windy

Hill. Lift unavailable temporarily.

6.00pm - Dinner in the Bistro.

7.00pm- Meeting with Guest Speaker Chris

Callinan from the Black Dog Institute - on Men's

Mental Health



Chris Callinan, Volunteer with Black Dog Institute Men's Mental Health

I was a teacher in both Primary & Secondary Catholic Schools for 42 years, & my last position was Head of Wellbeing in a school of 2000 students. I've been retired for the past 5 years. My two key beliefs:

#'You never know what's happening in someone else's life'

'Only worry about the things you can change'

About Black Dog Institute Science. Compassion. Action.

1 in 5 of us will experience symptoms of mental illness in any given year. In Australia that's around 5 million people. And roughly 60% of these people won't seek help.

Black Dog Institute, as the only medical research institute in Australia to investigate mental health across the lifespan, aims to create a mentally healthier world for everyone.

We do this through 'translational' research. Integrating our research studies, education programs, digital tools and apps, clinical services, and public resources to discover new solutions, foster connections and create real-world change.



Windy Hill
Bistro is the
venue for our
dinner, (order
from the
menu), before
our 7.00pm
Monday Rotary
Meeting in the
Legends Room
on Level 2.



We welcome your suggestions for future Guest Speakers. Email keiloreastrotary@ gmail.com

, ,	BBQs in 2023 @ Faylor Lakes)
Feb	Saturday	4
Mar	Sunday	5
Apr	Saturday	1
May	Sunday	7
June	Saturday	3
July	Sunday	2
Aug	Saturday	5
Sep	Sunday	10
Nov	Saturday	4
Dec	Sunday	3

Calendar

Date	Day	Speaker/ Event	Contact
July 24	Monday	Speaker from Black Dog Institute on Men's Mental Health	David Dippie
July 30	Sunday	National Tree Day Community Planting Tree Day - Sunday 30th July 10.00am -1.00pm 10-54 Rachelle Rd Keilor East	David Dippie
July 31	Monday	ТВА	David Dippie
August 5	Saturday	Bunnings BBQ at Watergardens	Tina Ballos
August 7	Monday	Guest Speaker - Dino Suppupo -Former Brimbank Central Rotarian and Pharmacist who studied nursing when he foresaw changes ahead in the operation of pharmacies.	David Dippie
August 10	Thursday	Our Club's actual Birthday - Morning Tea at The East Pantry, Centreway, East Keilor	Yvonne Osborn 0411773360
August 13	Sunday	Rotary Keilor East 40th Birthday Celebration - Our Club was Chartered on August 10 1983	Ginny Billson Yvonne Osborn
August 14	Monday	The Fathering Project - Work Life Balance	David Dippie
September 18	Monday	District Governor Ron Payne and Deb's Visit - Partners Night	David Dippie and the Club Board

Our Program Director, David Bennett, assisted by President Elect David Dippie, will be coordinating a program of Guest Speakers and activities for the 2022-2023 Rotary Year.

Your ideas are welcome keiloreastrotary@gmail.com

Club Birthdays and Anniversaries

Birthdays

July 4: David Bennett July 7: Yvonne Watson

July 12: Heather Honeyborne

July 12: Ben Carroll July 19: Joe Albioli

July 19: Stephanie Hewish

July 31: John Bergbauer (past member)

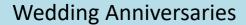
August 7: Wayne Parker

August 10: Keilor East Rotary Club (40)

August 11: Trish O'Brien August 13: Joel Hewish

August 14: Rayssa Coimbra Rotary Exchange Student (30)

August 20: David Barnes August 22: Peter Tomlinson



July 11: Patrick and Heather Honeyborne

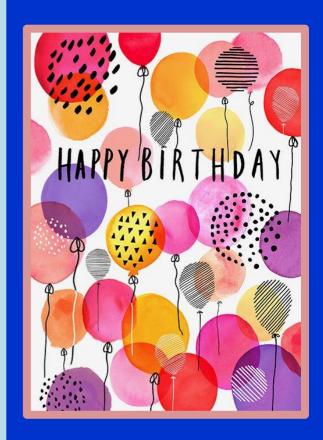
July 14: Joe and Liz Albioli (50th) July 15: Daryl and Sonja Cornish

August 27: Arnold and Pam Vandenham

Rotary Anniversaries

July 9: Ben Carroll 2012

August 1: David Barnes 1991 August 1 Bruce Cameron 1984 August 1: Peter Tomlinson 1991 August 10: Lloyd Lancaster 1983 August 10: John Walsh 1983 August 22: Vanda Mullen 2011







Member News



Cherrie loves the wood splitter too. Below: Some of the Sunday wood splitting team.



It would be great to get more photos of our members and families for our next Newsletter. Send to my phone 0411773360 or email to keiloreastrotary@gmail.com



Annie Webb rang the bell for the last meal of our 2023 Camp Getaway Weekend.



The reach of our Rotary Keilor East Family is outstanding. This young Cambodian is sponsored by Barbara and John Rafter.

My name is Sokny Nheam. I am 17 years old and turning 18 years old on 30th September. Currently, I am studying in Grade 12 at Future Bright International School (FBIS), which is the best school in Siem Reap province.

We thank our Generous Sponsors



We are also very grateful to have the sponsorship of Smart Storage World in Keilor East for the storage of our Club trailer. We appreciate their support for us and urge Club Members and friends to make use of this local business.

For all your Home or Business Storage, including Boats, Caravans and Cars, call 0408 KEILOR or 0408 534 567. The business can be found on the Web at http://smartstorageworld.com.au/

PROUDLY SUPPORTING THE COMMUNITY
Keilor East Community Bank® Branch
53 Wyong Street Keilor East | Phone 9331 5811



Keilor East Community Bank has been an outstanding sponsor of our Club projects over many years. We are very appreciative of their generosity and support and urge Members, family and friends to use the bank which supports its local community. Tina Ballos who is a member of the Rotary Club of Keilor East, is the Branch Manager. Our Past President, Gerard Mahoney is Chairman of the Bank Board.



