

# KEILOR EAST ROTARY NEWSLETTER

#### Lockdown 5.0 Edition



Rotary Club 21222 -

Charter granted 10th August 1983

July 5th, 2021 - Volume 39 Number 1

Club Motto - "Fun and fellowship whilst helping others"

www.keiloreastrotary.org

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# <u>CPR Friendly</u> Dr Ginny Billson

#### by President Yvonne Osborn

On Monday 5th July thirty Rotarians and friends watched a humerous presentation on a serious topic; saving lives by being familiar with the steps involved in providing CPR and, if necessary and available, operating a defibrillator or AED. We hope that we will never need to make use of this training, but it is great to know that we would feel able to do so in a life-or-death situation.

A reminder that our official President Changeover is scheduled to be held on July 26th at The Starlight Room, Taylors Lakes Hotel. This will be Covid Restriction dependent.

https://www.trybooking.com/BRZSN

## Meeting Report July 5th, 2021

New President, Yvonne Osborn (still to receive the chains of office, but excited to be leading Keilor East Rotary in 2021-2022) began by welcoming everyone to the first official meeting of the new Rotary Year. Visitors included Alison Perrottet, Tony Thomas and Robyn Soffe. Greeter, Marianne Potgieter recorded thirty in attendance.

President Elect Deb
Sloggett reminded us
that this week is
NAIDOC (National
Aborigines and Islanders
Day Observance
Committee) Week. It is a
week which aims to
increase awareness in
the wider community of
the status and
treatment of Aboriginal
and Torres Strait
Islander Australians.



**Community** - Gerard Mahoney thanked members who worked on the Watergardens Bunnings BBQ on Saturday 3rd July.

**International** - Deb Sloggett — Another RAWCS application has been submitted. Read about how <u>our last RAWCS grant</u> benefitted the children of Siem Reap and surrounds in Cambodia.

**Social** – Ginny Billson reminded Members that the Changeover event will be held on Monday 26th July (Covid Restrictions permitting).

**Youth** – Two potential National Youth Science Forum Year 11 students were interviewed by David Bennett, Athena Vass and Yvonne Osborn at the Brimbank Bicycle Education Centre. We have endorsed their applications and wish them well for the next phase of the process.

# **Meeting Report July 12th, 2021**

On Monday 12th July we held an informal Dinner Meeting at our usual venue, Keilor East RSL. We had plenty of opportunities to talk, some committees met, and Terry Badenhope tried to get Alex to take money for the Lucky Key Draw. We always think that the key we draw will fit.





Above: The Care Bear Mascot paid us a visit with our Club's Care Bear, Marianne Potgieter.

Right: David Dippie, Michael Donnelly, Phil O'Brien and Ginny Billson were focused on Rotary's new area of focus, <u>Environment and</u> <u>Sustainability</u>.



# CPR Friendly Training and AED Awareness via YouTube video Dr Ginny Billson



Dr Ginny Billson introduced the amusing, but very thorough training video created by Ian Hutchinson and his friend Don McKee who saved his life after Ian suffered a cardiac arrest while they were bike riding.

From the CPR Friendly website

As a result, Don & Hutch founded CPRfriendly.org in memory of, and on behalf of, the 91% less fortunate that don't survive. To help turn the statistics around, Don & Hutch, through CPRfriendly.org, are on a quest to raise awareness of CPR and public access defibrillators with the mission of helping save more lives – starting in our own backyard.





#### What you will learn:

1. Learn vital life-saving CPR skills

Quick and easy CPR instruction using the DRSABCD

2. How to use a defibrillator (AED)

Understand how, when, what, where and why of defibrillators

3. Real life 000 emergency stories

Don & Hutch share their personal life-changing CPR story

4. Get free CPR resources

Access downloads and useful links and apps















CPR

Defibrillato

Life saving AEDs are currently placed in many workplaces, Clubs and Shopping Centres so it is imperative that as many people as possible are familiar with their use. Keilor East Rotary has one for use on outings, away from Keilor East RSL.

# DAYS FOR GIRLS



Days for Girls KGCV

Days For Girls KGCV

Days For Girls KGCV

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Members of our Keilor Gateway Cluster Victoria team of Days for Girls were finally able to celebrate the team's 5th and 6th birthdays and their extraordinary achievements with a recent get together at the Essendon Hotel. Congratulations and thank you to everyone who has been involved with the team over the past 6 years.



Lisa Lowcock made the delightful frame. A great idea.

# District Governor Changeover July 10th, 2021



Left – Past District 9800 Governor, Philip Archer, with newly inducted District Governor, <u>Dale Hoy from Brighton Rotary</u>, his wife Maureen and their son.





Left - Keilor East President 2020-2021 Michael Donnelly with President Elect Deb Sloggett. They attended the Changeover Lunch which was held at The Hyatt, Essendon Fields on Saturday 10th July.





SERVE TO CHANGE LIVES

# **Bunnings BBQ Watergardens July 3rd, 2021**





Marianne Potgieter is an expert Bunnings BBQ volunteer as well as our Care Bear.



Above: John Compton manned the tongs during a relatively quiet time during the afternoon. Robert Chessell, Howe Tan Michael Donnelly and Phil O'Brien were also helping. Photo thanks to Helen Penna.

#### **Next Keilor East Rotary Meeting - Monday 26th July**

Unless a miracle occurs, our President Changeover may need to be cancelled. Refunds will be available.





We welcome your suggestions for future Guest Speakers. Email Program Director Annie Webb.

MONDAY 19th July: **NO MEETING DUE TO LOCKDOWN** Human Trafficking and Slavery Today

Claire Griffin ACRATH

#### **POSTPONED**

When Covid Restrictions allow we meet at Keilor East RSL every Monday. We arrive from 6.00pm and order our meals by 6.30. Our Guest Speaker is introduced at 7.00pm.

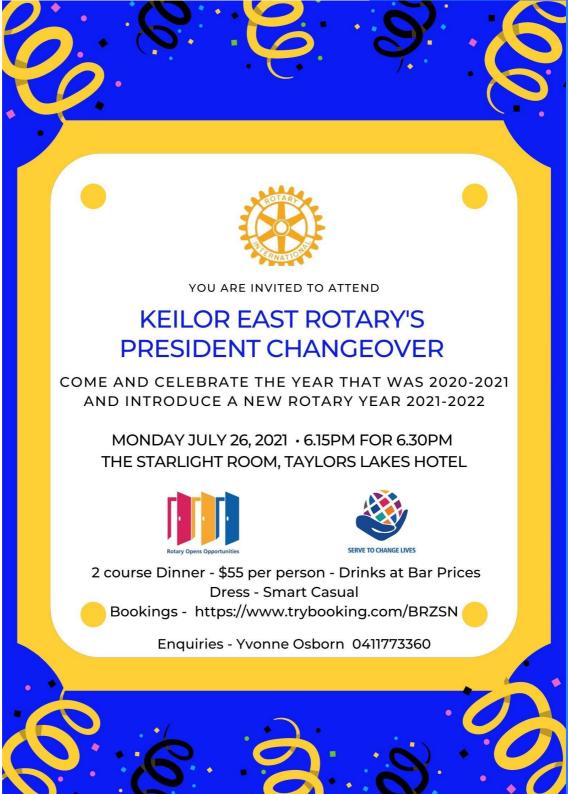




#### **UPCOMING EVENTS**

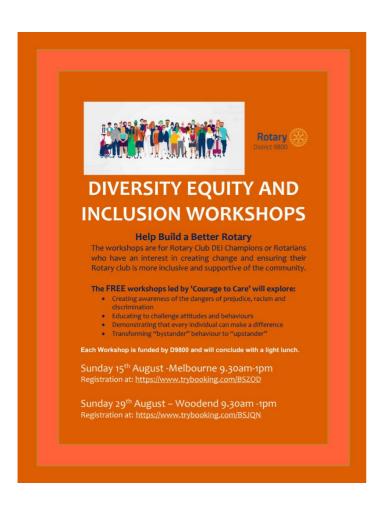
Our Club President Changeover is scheduled to be held on Monday 26th July at the Starlight Room, Taylors Lakes Hotel (Covid Restrictions permitting). Dress - Smart Casual. Please advise any special dietary requirements when you are making your booking.





#### **UPCOMING EVENTS**

Date	Day	Speaker / Event Title	Speaker (if applicable)	Organiser
19th Jul 21	Mond	NO MEETING	(Text 17/7)	Yvonne
20th Jul 21	Tues	BOARD MEETING	(E12/7/)	Yvonne
26-Jul-21	Mond	PRESIDENTIAL CHANGEOVER - (TBC - COVID PENDING)	(Newsletter 7th June)	Yvonne
28-Jul-21	Wed	DAYS FOR GIRLS working Bee		Marianne
1-Aug-21	Sund	Bunnings BBQ - Taylors Lakes <b>(Confirmed</b> - (Covid Pending)	(Ph 24/6)	Barb Rafter
2-Aug-21	Mond	Rotarian Behind the Badge	Robert Chessell	
9th Aug 21	Mond	ROTARY CLUB OF KEILOR EAST BIRTHDAY - 38th	(Ph 22/6)	Yvonne
10-Aug-21	Tues	Actual date of Rotary Club of Keilor East's Birthday		
16-Aug-21	Mond	Mental & Covid Health	Samantha Rennie (E 3/7)	Lou/Annie
17-Aug-21	Tues	BOARD MEETING	(E 12/7/)	Yvonne
23-Aug-21	Mond	Rotarian Behind the Badge	David Dippie	
25-Aug-21	Wed	DAYS FOR GIRLS working bee		Marianne
30-Aug-21	Mond	Social Evening	(Ph 22/6)	Yvonne
4-Sep-21	Sat	Bunnings BBQ-Taylors Lakes - <b>TBC</b>	(E 5/1) (Ph 24/6)	Barb Rafter
5-Sep-21	Sunday	FATHER'S DAY		
6-Sep-21	Mond	Promoting 6 Local Traders - TBC (inc Iconic Clothing")	(E 8/7)	Yvonne
10 -12 Sept	Frid-Sund	CAMP GETAWAY		Annie
13-Sep-21	Mond	YOUTH NIGHT - NYSF / TBC	David Bennett	Yvonne
20-Sep-21	Mond	Rotarian Behind the Badge	Elvira Tarrant	Yvonne
21-Sep-21	Tues	BOARD MEETING	(E 12/7/)	Yvonne
27-Sep-21	Mond	VOCATIONAL NIGHT -Richard Mason & Nien Dinh - TBC	(PH 22/6) & Club 12/7	Yvonne
29-Sep-21	Wed	DAYS FOR GIRLS working bee		Marianne
3-Oct-21	Sund	Bunnings BBQ - Taylors Lakes -TBC	(E 5/1)(Ph 24/6)	Barb Rafter
4-Oct-21	Mond			
11-Oct-21	Mond	HUMAN TRAFFICKING	Claire Griffin (17/7)	Annie
18-Oct-21	Mond	District Governor's Visit	(ph 22/6)	Yvonne
19-Oct-21	Tues	BOARD MEETING	(E 12/7/)	Yvonne





#### **Club Birthdays and Anniversaries**

# **Birthdays**

July 4: David Bennett

July12: Heather Honeyborne and Ben Carroll

July 19: Joe Albioli and Stephanie Hewish

July 23: Jan Allan

July 31: John Bergbauer



# **Wedding Anniversaries**

11th July - Patrick & Heather Honeyborne

14th July - Joe & Liz Albioli

15th July - Daryl & Sonja Cornish



## **Rotary Anniversaries**

July 9: Ben Carroll MP for Niddrie 2012





# **MEMBER NEWS**



#### Vale

Former Brimbank Central Rotary Member Ron Carmichael - July 18th, 2021.



Photo and link from a 2015 Brimbank Star Interview.

We extend our warmest condolences to Ron's family during this difficult time.



Annie Webb's youngest daughter, Marita, celebrated her 40th Birthday. Photo – Annie Webb.



Ginny and Alex's granddaughter Anna (aged 13 months) on her first Park Run in Perth. Go anna. Photo from Ginny