



Guest Speaker Monday 23rd October – Caitlyn Rustem – My RYLA Experience



# NEWSLETTER OF THE ROTARY CLUB OF KEILOR EAST INC.



Rotary Club: 21222 Charter granted 10th August 1983

October 23rd, 2017 Volume 35 Number 13

CLUB MOTTO – "Fun and Fellowship whilst helping others"



# PRESIDENT'S REPORT

Meeting Report October 23rd, 2017.

Vale Coen Ashton  
11-8-1997 – 18-10-2017

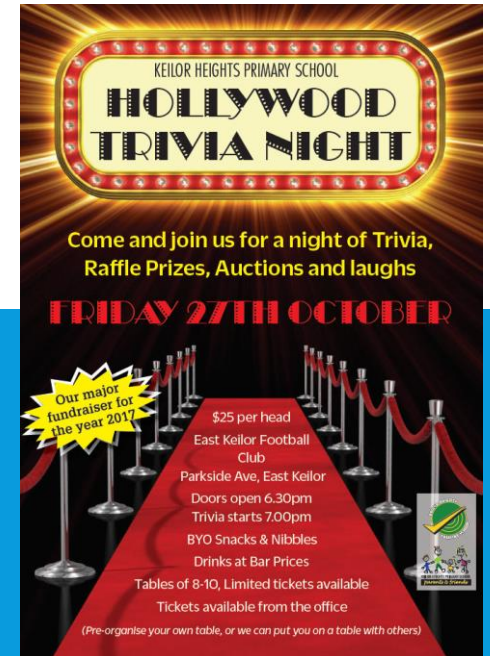


- Welcome to all members and visitors.
- Yvonne forwarded some very sad news to me last week. Coen Ashton, the bright young lad who lived with the challenges of cystic fibrosis and who we have had quite some contact with in past years sadly passed away on the 18<sup>th</sup> whilst awaiting a kidney transplant. He was just 20 years old and it is people like him we hope will be given a greater chance at living longer more healthy lives with research funding that we Rotarians can help with. The upcoming BBQ that we are holding at the Run for your Life event next Sunday is one such fund raising activity.
- 
- ❖ On a slightly happier note the next Days for Girls Sew it is coming up on Wednesday afternoon at the Essendon Baptist Church in Buckley Street. Everyone is invited and there are so many ways that we can all help make these kits that give so many girls a chance to improve their lives.
- 
- ❖ Thursday evening is a cluster clubs meeting and I will keep you apprised of activities that are in hand in this area.
- 
- ❖ The Keilor Heights Primary School Trivia night is on this coming Friday and we have a table of 10 already filled. Anyone else considering coming should approach the school regarding a spot on a table.
- 
- ❖ A reminder about our DIK dinner on Tuesday the 31<sup>st</sup> of October, put it in your diary especially our international team and Days for Girls. We will car pool from the Essendon Baptist church at 6pm that evening if anyone wants a lift.
- 
- ❖ The Soufflé Sisters are having a concert with 2 other choirs on the 19<sup>th</sup> of November and proceeds will be divided between the DFG and The olive way. Notices in the newsletter.

## PRESIDENT'S REPORT CONTINUED AND OTHER REPORTS

- ❖ The Shop till you drop bus trip lived up to its name and I dropped big time when I got home after about 7.30pm. There are some lovely pics in the latest newsletter and grandma Win lasted better than many of the younger shoppers. We look forward to hearing from Cherrie on how much we may have made on the day.
- 
- ❖ The Foodbank bin will be out the front each week until the end of November and Foodbank will collect the offerings when we have finished. A couple of extra items in your shopping trolley each week can make a huge difference to families that are doing it tough.
- ❖ Peter Boudville of the RC of Brunswick has asked for our assistance in organising and ecumenical Christmas Carol event at Saint Peter's Catholic Church Keilor East on 14th December starting at 6 PM and completing by 9:30 PM. It's in our locality so we should be there with banners and brochures too. We could do a BBQ and a bit of financial assistance for them. Further details to follow.
- 
- ❖ There will be a wreath laying ceremony for Remembrance Day at the Cenotaph outside the KE RSL on the Saturday 11<sup>th</sup> of November at 11 am for those who would like to attend.
- 
- ❖ Just a reminder to keep reading Yvonne's wonderful newsletter to keep track of what is going on and what is in train for future events and activities.
- 
- **President Ginny introduced Chairperson for the evening, PP Daryl Cornish who is visiting from Abu Dhabi.**

- **Other Reports –**
- **PP Lloyd Lancaster –**
- **Attendance –** 77.1% last week.
- 79% for October
- and 76% for the Rotary year to date.
- **Social Director – Annie Webb –** Ascot Night
- 32 have indicated they will attend.
- **International - PP Cherrie Osborn –** Days for Girls is on Wednesday afternoon from 1-5pm. Victorian Coordinator Carolyn Walker will be attending.
- **Youth – Mark Tognon –** Attended the Australian Rotaractors' Conference. He found it to be most enjoyable and gained a lot of new ideas which he looks forward to implementing when he becomes Club President. RYLA is scheduled to be held from November 18<sup>th</sup> -25<sup>th</sup> at Mt Evelyn.
- **PP Bob Mc Martin -** MND 5km Walk is on 19<sup>th</sup> November at Princes Park. We should do this if possible in memory of PP Eric Drayton.
- **PP Peter Tomlinson –** East Keilor Sustainability Street Community Garden Open Day – Sunday 29<sup>th</sup> October. Peter gave out some corn seedlings and flyers – see page 6.
- **PP Daryl Cornish –** gave us a brief report on life in Abu Dhabi and Sonja's improving health. Aaron is settled in school there and new campuses are being added to Daryl's Education Management role.



# CLUB EVENTS

## About Cambodia Rural School Trust

The Trust was set up by the Palti family after their daughter, Steph, decided to join her high school's project to volunteer to build houses in rural Cambodia.

### Aviv Palti

Based in Melbourne, Aviv provides, leadership and direction to the NGO team. Aviv is the CEO at Lifestyle Brands, one of Australia's leading marketers of photographic, stationery and home decor products, with worldwide distribution channels.

The organization is unique in that 100% of its funds are used for its educational and community programs.

In January 2017 they launched the CRST Ambassador Program, with the belief that international travel to developed countries will provide their leadership team with an invaluable educational experience and open their eyes to possibilities for their future and the future of their country.

## KEILOR EAST ROTARY

presents

### "A Cambodian Story"



Cambodia  
Rural  
School  
Trust

..... an inspirational evening with special guests from the Cambodia Rural School Trust (CRST). Student Ambassadors Somepas and Veun! Coming all the way from Siem Reap, Cambodia, they will share their personal journeys with you of what it's like growing up in rural Cambodia and how their lives have changed through CRST.



**When:** Monday 20th of November 2017

**Time:** 6:30pm for 6.45pm

**Venue:** Keilor East RSL Hoffmans Rd, West Essendon.

**Meal Cost** -\$20. Not eating - Free

Please help us by confirming your attendance and any special dietary requirements through clicking the RSVP button.

RSVP



## ASCOT CUP

### CARNIVAL NIGHT

MONDAY, 6<sup>TH</sup> NOVEMBER

AT RSL HOFFMAN'S RD.

LADIES & GENTLEMEN,  
PLEASE JOIN US FOR A BLACK  
& WHITE FORMAL AFFAIR.  
BRING PARTNERS, FAMILY &  
FRIENDS, TO PARTICIPATE IN:



- CUP SWEEP
- PHANTOM CALL CALCUTTA,
- BEST HAT AWARD
- A COUPLE OF RAFFLES
- AND OTHER FUN FILLED IDEAS



\$25:00 PER HEAD / 2 COURSES

(INCLUDES CHAMPAGNE / ORANGE JUICE ON ARRIVAL)





## GUEST SPEAKER - CAITLIN RUSTEM - MY RYLA EXPERIENCE – NOVEMBER 2016

Caitlyn Rustem explained that her Rotarian friend suggested that she apply for RYLA (Rotary Youth Leadership Awards) in 2016. The process happened quickly and Keilor East Rotary Club agreed to sponsor her to attend the weeklong residential camp at Mt Evelyn.

On the last weekend in November Caitlyn was on a bus heading to camp, not knowing anyone. People between 18 and 25 from all over Rotary District 9800 joined in the self-awareness and leadership development week lead by previous RYLA participants.

Participants were divided into focus groups with an ex Rylarian as their leader. Guest speakers, role play and cultural awareness activities developed self confidence as the week evolved. Rotarians visited for dinner on the Thursday evening. Caitlyn gained enormously in confidence and self awareness from, what she considers, a life changing experience. She thanked our Club for the wonderful opportunity we provided for her.



## LOCAL EVENTS – EAST KEILOR SUSTAINABILITY STREET COMMUNITY GARDEN



Past President Peter Tomlinson and his wife Rachel enjoy the fresh produce grown at this wonderful facility which is situated in Tuppal Place, East Keilor. We thank Peter for bringing this local asset to our attention and hope the day will be a great success.





# NOVEMBER FOOD DRIVE - KEILOR EAST ROTARY'S FOOD DRIVE FOR FOODBANK VICTORIA



- ❖ President Ginny will have a big carton at Rotary each week to try to fill up.
- ❖ Foodbank will collect the food when we have finished. A couple of extra items in your shopping trolley each week can make a huge difference to families that are doing it tough.



## Food drive

# DONATE HERE

TO HELP VICTORIANS DOING IT TOUGH

### MOST NEEDED ITEMS

- ☐ Canned fruit, vegetables, fish, soups and meals
- ☐ Dried fruit and nuts
- ☐ Sauces and seasonings
- ☐ UHT milk and juices
- ☐ Coffee, tea and spreads
- ☐ Rice, pasta and noodles
- ☐ Cereal
- ☐ Shampoo and conditioner
- ☐ Soap and deodorant
- ☐ Dental floss, toothpaste and toothbrushes
- ☐ Tissues and toilet paper
- ☐ Feminine hygiene products

### DONATION GUIDELINES

- ✓ Within best before date
- ✓ Unopened packaging
- ✓ Has ingredient/allergen listing



[WWW.FOODBANKVICTORIA.ORG.AU](http://WWW.FOODBANKVICTORIA.ORG.AU)

f @ @FoodbankVictoria

# FOR YOUR DIARY



**The Soufflé Sisters**  
with  
**Homebrew**  
and **Errol's Angels choirs**

**End of Year Concert**

**Sunday 19<sup>th</sup> November**  
**1.30 - 4.00 pm**

Brunswick Uniting Church  
212 -214 Sydney Road  
Cnr Merri Street (Melways 29 G 9)

Tickets -\$10 available via TryBooking  
<https://www.trybooking.com/SGYS>  
or \$15 at the door  
*Afternoon tea is included*

Donations will be made to Days for Girls Keilor East  
Gateway Cluster & The Olive Way



Rotary Club of  
**Essendon**



**DONATIONS**  
**IN KIND**

## The Rotary Club of Essendon Inc

Invite Rotarians and Friends of Rotary  
to dinner at

## **DONATIONS IN KIND**

**Tuesday 31<sup>st</sup> October**

6.30 – 8.00pm

Cost: \$30 per person / BYO drinks

Shed 40, 400 Somerville Road

*(Back warehouse on the right-hand side)*

West Footscray

Tonight we come together with DIK & CWA volunteers to remember  
on the 100th anniversary of the Battle of Beersheba to remember how  
Australians are always there to help each other.

Rotary's 'Donations In Kind' (DIK) project is often the most practical  
and cost effective way to help people in our local community and in  
developing countries.

RSVP: <https://www.trybooking.com/SJBF>

by **Tuesday 24<sup>th</sup> October**

For further information please contact Jane Carbone  
[carbone.jane@gmail.com](mailto:carbone.jane@gmail.com) or 0417-329005



# WHAT'S NEXT?

23RD	CAITLYN RUSTEM - RYLA Experience
29TH	CYSTIC FIBROSIS GREAT STRIDES FUN RUN - BBQ
30TH	DR. GINNY BILLSON - Pathology
31ST	DINNER AT DIK WITH ESSENDON ROTARY, 6.30 at DIK
<b>NOVEMBER</b>	<b>Rotary Foundation Month</b>
5TH SUNDAY	BOARD MEETING 2:30PM
6TH	ASCOT RACES - CUP CARNIVAL NIGHT - SOCIAL at Keilor East RSL
10TH FRIDAY	BOWLS NIGHT AT ABERFELDIE W/ROTARACT
12TH SUNDAY	WOOLWORTHS MOONEE PONDS BBQ
13TH	ROS BEN-MOSHE - Laughter wellness (TBC)
16th THURSDAY	PITCH FOR FUNDS - Nancy Kitchner Centre-Avondale Heights
20TH	CAMBODIAN RURAL SCHOOL TRUST - Aviv Pati, Kerry Osborn and Cambodian university students.
21ST TUESDAY	PERU NIGHT - ESSENDON PRESIDENT JENNY FOSTER
27TH	JEREMY OATES (Chairman of Consultative Council on Obstetric & Paediatric Mortality & Morbidity) - VTT in Timor Leste

Program Director 2017-18  
Ian Wright



Our Club gratefully acknowledges the sponsorship we receive from the [Keilor East Bendigo Community Bank](#) and [Smart Storage World](#) to assist us in providing services to the Community.

Rotary Club of Keilor East meets on Monday  
6.30pm for 6.45pm at Keilor East RSL,  
Hoffmans Rd, West Essendon  
For Club Membership or Sponsorship information  
Contact: Immediate President, Joe Albioli (0438133123)  
<http://www.keiloreastrotary.org/>

## ROTARY GRACES

- o We give thanks for our daily food. May Rotary friends and Rotary ways, help us to serve all our days.
- o For good food, good fellowship, and the privilege to serve, we give thanks.



PROUDLY SUPPORTING THE COMMUNITY  
Keilor East Community Bank® Branch  
53 Wyong Street Keilor East | Phone 9331 5811  
 Bendigo Bank

# NOVEMBER BIRTHDAYS AND ANNIVERSARIES

## Birthdays

November 7<sup>th</sup> - Lyn Mahoney

November 30<sup>th</sup> - Phil O'Brien

## Wedding Anniversaries

November 11<sup>th</sup> Gerard and Lyn Mahoney

November 17<sup>th</sup> John and Maryanne Walsh

## Rotary Anniversaries

October  
26<sup>th</sup> Alex Billson 2015

November 1<sup>st</sup> - John Bergbauer – now at  
Bendigo South RC

November 4<sup>th</sup> - Judith Maddocks

November 9<sup>th</sup> – David Gibbs

November 17<sup>th</sup> – Raj Vytilingam

November 24<sup>th</sup> - Daryl Cornish 2007





# MEMBER NEWS

President Ginny presented PP Cherrie Osborn with a further Paul Harris recognition for her generous donation to Rotary Foundation. Congratulations Cherrie.



It was great to have PP Daryl Cornish back. He was visiting from Abu Dhabi, UAE, from where he regularly joins us via Skype. He was Chairperson for the evening, a first for him, having previously been our Sergeant at Arms.



L to R: Gerard Mahoney, Annie Webb, Daryl Cornish, David Barnes, Steve Pennicott and Bob McMartin got together to celebrate the return of Daryl from UAE. Daryl gave us a brief report on life in Abu Dhabi. His son Aaron is enjoying secondary school and sport, Daryl's role in overseeing Secondary and Tertiary Education training is rewarding and Sonja's health is improving. Great news all around.



PP Gerard Mahoney has returned from his recent holiday in Vietnam and Cambodia. He is pictured with Annie Webb. Our thanks go to Annie for her great photographs from Oct 16<sup>th</sup> and from the Shop 'til you Drop.