



Oct 2nd, 2017
Jenny Foster
Care 4 Cambodians



NEWSLETTER OF THE ROTARY CLUB OF KEILOR EAST INC.



Rotary Club: 21222 Charter granted 10th August 1983

October 2nd, 2017 Volume 35 Number 10

CLUB MOTTO – "Fun and Fellowship whilst helping others"

PRESIDENT'S REPORT

Meeting Report October 2nd, 2017.



- Welcome to all members. It is good to see you all and some of you seem to have survived the rigours of overseas travel and local celebrations for various football codes. Welcome to Guest Speaker Jenny Foster, her friends Helen Penna and Deb Sloggett and to Joy Ryan who is visiting us again. Max Horkings is also attending with his grandmother, Rotarian Gail Horkings.
- Our Board Meeting which was to be held at my house at 38 Hoddle Street on Sunday was deferred due to long weekend travels and various other celebrations. I think a short Board Meeting will be held after next Monday's Club meeting.
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- ❖ Another plug for the art show as now is the time to approach any contacts you may have to offer them a sponsorship "deal they cannot refuse" and a super way to promote their businesses.
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- ❖ On Wednesday the Days for Girls team had their first big sew in in their new abode and I leave Marianne to fill in the details.
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- ❖ I still have some flyers regarding Essendon Norths Oaks Day event which sounds like a bit of fun. It will be held at Ascot House on Thursday 9th of November. Check the booking details on the flyer.
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- ❖ A reminder about our DIK dinner on Tuesday the 31st of October, put it in your diary especially our International team and Days for Girls. We will car pool from the Essendon Baptist church at 6pm that evening if anyone wants a lift.
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- ❖ Other events include the Lift your Lid on Saturday the 7th of October where we have a table at Bunnings Maribyrnong where we hand out some flyers to promote mental health and the Rotary Health research fund that provides funding for research into mental health. I need volunteers to man /person the table from 10-1 and from 1-3. Brenda has stepped up and I will be there for the morning shift. A couple more people would be good so we have 2 each shift.

OTHER REPORTS

Max Horkings, 17, thanked Keilor East Rotary for the opportunity to attend the RYPEN camp at Camp Weekaway, Lancefield, last October.



President's Report continued-

- The car rally is on the following day Sunday 8th which should be great fun too.
- The Soufflé Sisters are having a concert with 2 other choirs on the 19th of November and proceeds will be divided between the DFG and The Olive Way. Flyer on page 8.

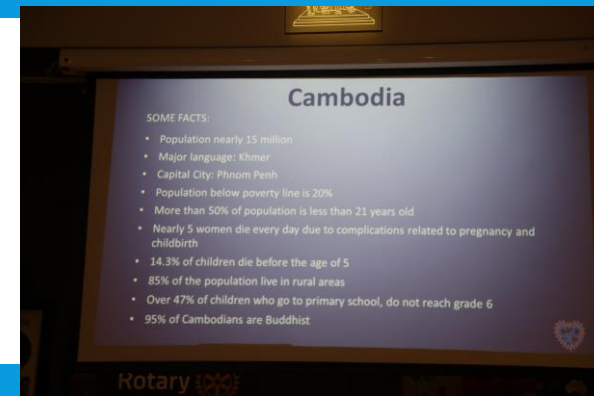
Chairperson: John Cowl

Other Reports:

- **Ian Wright:** The Car Rally on Sunday 8th October will start at the Keilor East RSL at 9:30am. Lunch will be at a nice place. \$5 per car entry fee.
- **Youth Mark Tognon** welcomed Max Horkings who had a mini report from last October's RYPEN camp. He also mentioned that our RYLA candidate is set to attend the weeklong camp in late November. There will be a Dinner at the camp on the Thursday evening. It is hoped we will have a few members willing to attend to support our candidate.
- **Attendance - Lloyd Lancaster** – There have been thirteen meetings this month. Our attendance has averaged 75%.
- **Treasurer – Steve Pennicott** – There are still a few subs still to come in. Please pay ASAP if this applies to you.

- **Care Bear - Marianne Potgieter** - Marianne reported that she took Liz Gibbs to visit David in Footscray hospital and that he is not looking well despite having been successfully operated upon after breaking his left hip last week. We are thinking of David and his family.
- **Community - Arnold Vandenham** - Sunday 29th October will be the Cystic Fibrosis Great Strides BBQ. Volunteers will be needed for that event. It begins early and finishes before lunch.
- **Foundation - Tina Ballos** - Presented a \$350 cheque from Bendigo Bank to the Club. This amount was earned from several new accounts etc. being opened by Club Members and their families. Tina also thanked Marianne for all the work she has been doing collecting weekly Foundation contributions upon Club Meeting entry.
- **International -Days for Girls** – Marianne Potgieter – reported that the first DfG workshop held at the new venue, Essendon Baptist Church Hall, was a great success. She explained that Kellie Barrett from Silent Arrow attended and donated 1000 pairs of black ladies underpants. They looked like hundreds of bats hanging on Ginny's clothesline. Film maker, Chase was also in attendance to record the hygiene kit making and interview some of the workshop participants.

GUEST SPEAKER – JENNY FOSTER CARE FOR CAMBODIANS



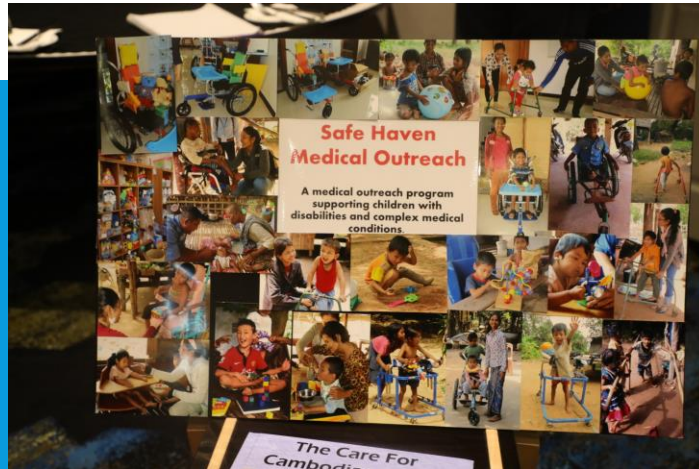
Chairperson John Cowl introduced Jenny Foster who is the President of the Essendon Rotary Club.

- Jenny told us of the five founders of Care 4 Cambodians, Jane Carbone, Janice Memory, Helen Penna, Deb Sloggett and herself.
- She said they were inspired by their friend Caroline English, a midwife who devoted several months each year to volunteering in Cambodia. Once the group visited Caroline and saw the difficult conditions in which many Cambodians lived they were inspired to help.
- Cambodia has been devastated by the Khmer Rouge. Over 2 million people were killed. Anyone who was educated, or even those who wore glasses, were killed during the 1970s.
- Landmines were laid along the Thai border. Many people have missing limbs caused by these. It wasn't until 1998 when Pol Pot died that the Cambodian people began to be free. There is a lot of post traumatic stress among the people who lived through such times.
- 50% of the population is under 21 years old.
- Care 4 Cambodians assists other NGOs and helps the people of Battambang which is a three hour drive from Siem Reap.
- They have built a Rice Mill and have begun a Cow Project (Jenny's husband is a vet). They also assist the HANDA World Mate Emergency Hospital with medical supplies sourced from Rotary's DIK (Donations in Kind) Store. The team travels to Phnom Penh to unload the containers ensuring the supplies reach their destinations.
- Jenny joined Rotary three years ago after discovering how wonderfully Rotary's DIK store assists so many overseas projects.

Among the projects they help are [Sunbeam Kids Cambodia](#), Wheelchairs for Kids (a Rotary project), Haven of Hope and [Lighthouse Battambang](#). They hope to create a Community Centre in memory of their inspirational friend Caroline. Jenny thanked us for inviting her to tell the Care 4 Cambodians story and urged us to attend their 10th November Fundraising Dinner.



GUEST SPEAKER – JENNY FOSTER CARE FOR CAMBODIANS





careforcambodians

Invitation

Fundraising Dinner

Supporting

PROJECTS IN CAMBODIA

Fri, 10th November 2017
7.00PM
Strathmore Bowling Club
40 Loeman Street,
Strathmore
\$60 per person

Bookings:
<https://www.trybooking.com/SEZC>

RSVP: Wed, 1st November
careforcambodians@gmail.com

Reaching from Australia to Cambodia
by raising awareness, providing
equipment and funding projects.

C4C proudly partnering with:




Ticket Includes
3 course dinner
Drinks at bar prices
Raffle & Auction items

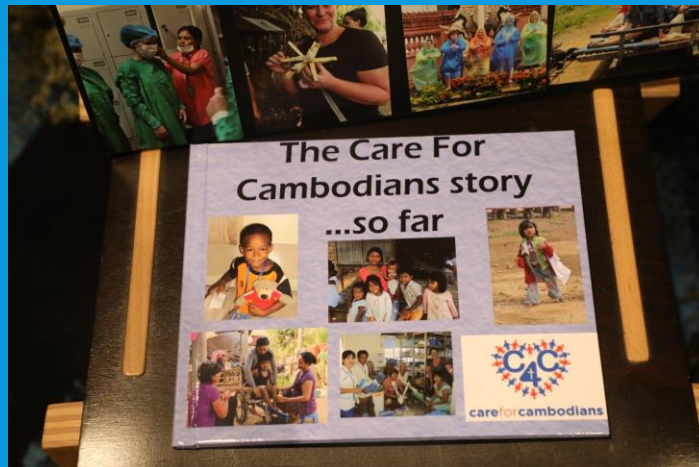
International Guest
Speaker



Jessica Whitney
In-Country Director/Nursing Supervisor
"Safe Haven Medical Outreach",
Cambodia



Contact:
Jenny Foster 0410-595847
Janice Memery 0419-554243
Helen Penna 0408-941247



CAR RALLY

KEILOR EAST ROTARY 2017 'SUNDAY DRIVE'
SUNDAY 8th OCTOBER 2017

Starting point is Keilor East RSL Car Park, Hoffmans Rd., West Essendon.
Cars will be 'flagged off' at 5 minute intervals, starting at 9.30am.

You will need to follow the directions provided and answer a number of observational questions relating to the route and items on it.

WHAT TO BRING:

1. Car & navigator.
2. \$5 entry fee per car.
3. Money for lunch at mystery destination.
4. Pen and clip board.
5. Sense of humour and patience.

A variety of meals is available for purchase at our destination.

Prizes will be awarded for the most correct answers to questions, closest to the specified time to complete and closest to the specified distance.



"SHOP 'TIL YOU DROP" FUNDRAISER

Keilor East Rotary Club would like to invite you to:



Saturday, 21st October 2017

Pick up and drop off at RSL Club, Hoffman's Rd Keilor East

Departure 7:30am – Return 6:00 – 6:30pm approximately.

\$53:00 per person (includes 2-course sit down lunch & a glass of wine)

Grab some friends and family, for a fun filled day of shopping aboard a luxury coach that will take you to some of the best shopping outlets in town. A great way to start your Christmas shopping with no stress or worries, as well as raising funds for our International Projects

Pre-paying your Ticket is essential – or your seat will not be saved.

PAYMENT:

DIRECT DEBIT DETAILS: Isabout P/L

BSB: 013706

ACCOUNT NAME: Stacey's Shoppers

BANK: ANZ

ACCOUNT: 4981 20279

BOOKING NO: 2540

Or if preferred, cash payment can be made to Cherrie Osborn 0414 459 487

Places are limited so please get in early.

Any queries, please contact Cherrie Osborn 0414 459 487 / Annie Webb 0409 147 685

FOR YOUR DIARY



The Soufflé Sisters
with
Homebrew
and **Errol's Angels choirs**

End of Year Concert

Sunday 19th November
1.30 - 4.00 pm

Brunswick Uniting Church
212 -214 Sydney Road
Cnr Merri Street (Melways 29 G 9)

Tickets -\$10 available via TryBooking
<https://www.trybooking.com/SGYS>
or \$15 at the door
Afternoon tea is included

Donations will be made to Days for Girls Keilor East
Gateway Cluster & The Olive Way



Rotary Club of
Essendon



DONATIONS

The Rotary Club of Essendon Inc

Invite Rotarians and Friends of Rotary
to dinner at

DONATIONS IN KIND

Tuesday 31st October

6.30 – 8.00pm

Cost: \$30 per person / BYO drinks

Shed 40, 400 Somerville Road

(Back warehouse on the right-hand side)

West Footscray

Tonight we come together with DIK & CWA volunteers to remember
on the 100th anniversary of the Battle of Beersheba to remember how
Australians are always there to help each other.

Rotary's 'Donations In Kind' (DIK) project is often the most practical
and cost effective way to help people in our local community and in
developing countries.

RSVP: <https://www.trybooking.com/SJBF>

by **Tuesday 24th October**

For further information please contact Jane Carbone
carbone.jane@gmail.com or 0417-329005

WHAT'S NEXT?

25TH	ROSS BUTTERWORTH - Western Emergency Relief Network
NOTE: CLUB VISION REVIEW TO BE HELD IN SEPT/OCT -DATE TBC	
OCTOBER	Economic & Community Development Month
1ST SUNDAY,	BOARD MEETING - 2:30PM
2ND	JENNY FOSTER - Care for Cambodia
7TH	LIFT THE LID - Mental Health Information table at Bunnings Highpoint
8TH SUNDAY	CAR RALLY (confirmed 29/5/17 Ian & Peter)
9TH	NICOLE DUNHAM/MICKAELA FIGGIS - Food Bank
15TH SUNDAY	WOOLWORTHS MOONEE PONDS BBQ
16TH	BRETT BEDSON - Sleep
21ST SATURDAY	SHOPPING TOUR - Meet at RSL at 7.30AM
23RD	CAITLYN RUSTEM - RYLA experience
29TH	CYSTIC FIBROSIS GREAT STRIDES FUN RUN - BBQ

Program Director 2017-18
Ian Wright



Our Club gratefully acknowledges the sponsorship we receive from the [Keilor East Bendigo Community Bank](#) and [Smart Storage World](#) to assist us in providing services to the Community.

Rotary Club of Keilor East meets on Monday
6.30pm for 6.45pm at Keilor East RSL,
Hoffmans Rd, West Essendon
For Club Membership or Sponsorship information
Contact: Immediate President, Joe Albioli (0438133123)
<http://www.keiloreastrotary.org/>

ROTARY GRACES

- o We give thanks for our daily food. May Rotary friends and Rotary ways, help us to serve all our days.
- o For good food, good fellowship, and the privilege to serve, we give thanks.



PROUDLY SUPPORTING THE COMMUNITY
Keilor East Community Bank® Branch
53 Wyong Street Keilor East | Phone 9331 5811
 Bendigo Bank

OCTOBER BIRTHDAYS AND ANNIVERSARIES

Birthdays

- October
- 8th Lloyd Lancaster
- 10th Marianne Potgieter
- 14th Tina Ballos
- 15th Ian Wright



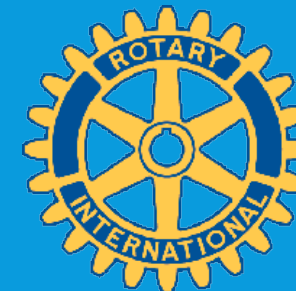
Anniversaries

October 16th Yewkong and Linda Lye



Rotary Anniversaries

October
15th Chris Rundell 2012
21st Minh Nguyen 2002
26th Alex Billson 2015



MEMBER NEWS



Pictured with President Ginny is Tina Ballos who is the Branch Manager of the Bendigo Community Bank at Keilor East. Tina presented the Club with a cheque for \$350 which represents fees payable when Members and their families opened several new accounts, obtained loans, a new credit card etc. We thank everyone who made these referrals possible.



Gail Horkings grandson, Max Horkings, came to Rotary to thank our Club for sending him to RYPEN (Rotary Youth Program of Enrichment) last October. He said he is very grateful to have been given the opportunity to meet many students from other schools who have become his friends. They helped him through the very difficult time after his father died, just after returning from the weekend camp. We are very proud of Max and wish him well with the remainder of his Year 11 studies.

WANTED

Care 4 Cambodians are collecting used eye glasses. If you have some you don't need please pass them on to President Ginny.

