District Conference 2020 Bendigo 27-29 March Information Video Link

Newsletter of the Rotary Club of Keilor East Inc.



Rotary Club 21222 - Charter granted 10th August 1983 October 7th 2019 - Volume 37 Number 10 Club Motto - "Fun and fellowship whilst helping others" Club Website - www.keiloreastrotary.org



On Monday 7th October, our Guest Speaker was Azad Dushar who was the RSL's Chef for the evening. He gave us some simple cooking tips and allowed us to try a delicious Malaysian dish.

President's Report

Monday 7th October 2019

President Mark Tognon



President Mark welcomed our guests who were Helen Drayton and Sam Di Natale. There have been lots of events In the past two weeks. We sent a check for \$200 to the Rotary Club of Woodend. It was in appreciation of District Governor, Grant Hocking's visit to our Club.

He told us that last week's guest speaker, Russell Hayes is the new secretary of the Melbourne Rotary Passport Club which meets monthly at DIK (Donations in Kind).

We gave \$1000 to the Keilor East RSL Welfare group. Anita Johnson, who is a part of the group was one of our Pride of Workmanship recipients.

The month of October will be an extremely busy one.

Next Monday we will all wear hats to raise awareness for Rotary's Mental Health Week. Our guest speaker will be from Beyond Blue.

On October 19th we will we have a team walking in the End Polio Walk around Albert Park Lake.

On October 20th we will cook a barbecue for the Great Strides Walk to support Cystic Fibrosis sufferers and their families.

On October 21st our Assistant Governor, Des O'Shanassy, will attend our meeting. It will be a Back to School Night.

Our meeting of October 28th will be run by the International Committee.

Wednesday October 30th will be the next meeting of the Days for Girls group.

On Thursday, October 31st there will be a surprise Vocational outing. Details TBA.





Above: Marina received her new Club Badge.



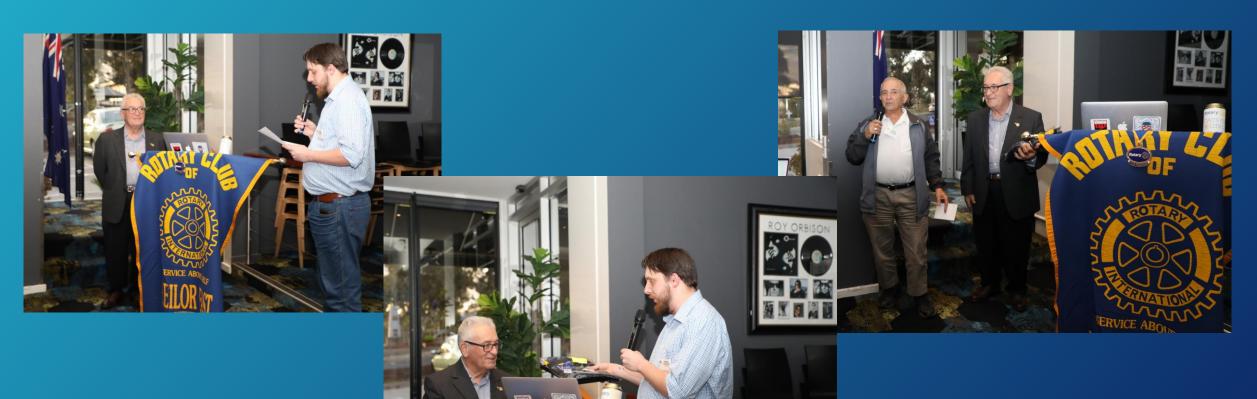
President Mark presented our Guest Speaker with a Rotary Show Bag.

Other Reports

Monday 7th October 2019



Induction of Sam Di Natale. Sam joined the Brimbank Central Rotary Club in 1983. We welcome Sam to Keilor East Rotary and look forward to getting to know him and work with him in serving our community. John Rafter spoke of Sam's many years as a member of Brimbank Central Rotary Club where he was President in the 1990s. Sam owned a Service Station for many years before working in the Funeral Industry with Lou Gionfriddo. Sam thanked the Keilor East Club for accepting him as a member after he had a break from Rotary service. He said he is now ready to commit to helping again and looks forward to enjoying the great friendship that being a Rotarian offers.



Other Reports

Monday 7th October 2019





Annie Webb has agreed to coordinate a team for the End Polio Walk around Albert Part Lake on Saturday October 19th, commencing at 10am - 2pm. Join our Club's Team (or donate at this link) for a 5 km walk. Walk fast or slow. Everyone is welcome.

KERC baseball caps available (cost \$13.75) - let Phil know if interested.

Lloyd Lancaster- Attendance for September was 71.4%. We have 51 members.

Joe Albioli - we need volunteers for the Great Strides BBQ on October 20th.

Community - Phil O'Brien - Computers for Kids needs more computers. If you know of schools or businesses upgrading their old computers could be put to excellent use.

Rotary Club of Keilor needs three extra helpers for their Saturday 12th October Bunnings BBQ.

Moonee Valley City Council will be holding an International Community Engagement Night at the JH Allan Reserve on Friday 25th October. We have been asked to cook a BBQ at the event from 3-7pm.

International - Cherrie Osborn - announced that we have provided a donation to Cambodia Rural Students Trust's Project B. The B is for bicycles. Refurbished bikes are being provided to rural school students so they can travel distances to attend school.

Athena Vass - Youth Services - Marina has changed host families. She is now staying with Athena and Wayne. Volunteer declaration forms will need to be completed by Club members who are intending to associate with children. The forms will be available soon and meeting time will be made allotted as assistance provided for their completion.

Michael Donnelly - A Club Vision Meeting will be held on Saturday 23rd November from 9am - 1pm. This will also be our Annual General Meeting. There will be no Club Meeting on 25th November.

The Brimbank Bicycle Education Centre will open on Sunday Oct 13th. It would be great if Keilor East Rotary could continue to support this Brimbank Central Rotary initiative.

More Reports

Monday 7th October 2019



Care Bear- Marianne Potgieter- Lloyd has his 87th Birthday on Oct 8th. Marianne will be 78 on 10th October. Jack Watson will be 90 on Sunday 13th October. Steve Ryan has had a hip replacement and a Gail Horkings has had a hospital stay. We send them both our very best wishes for a speedy recovery. Yvonne and Marianne visited Judith Maddocks at Craig Care Essendon today. She seems well. John Compton will have a knee replacement on Tuesday. We send him our very best wishes for a complete recovery.

On to Conference- Paul Perrottet. <u>District 9800 Conference 2020</u> will be held in Bendigo. It would be great to have several of our members attend. See Paul if you intend going. Watch the <u>Conference Video</u> here.







Future Planning - President Mark called for nominations for President Elect 2020- 2021. Michael Donnelly accepted. 2021- 2022 Yvonne Osborn accepted Ginny Billson's nomination and for 2022- 2023 we will have Deb Sloggett as President. This gives us a line of succession.

Guest Speaker - Azad Dushar - Chef at Keilor East RSL - October 7th 2019





The RSL Chef on duty for the evening was Azad Dushar from Bangladesh who is cooking part time while he is studying 4th year Pharmacy. He has previously worked at the Park Hyatt Hotel. He encourages people to eat healthy foods and told us that cooking for ourselves doesn't need to be complicated. He uses garlic, ginger, onion and chili. He also recommends turmeric as having health giving properties.

He advices making a sauce and adding it to sautéed meat (he used chicken) and seasonal vegetables which have been steamed separately. When mixed together a very appealing dish emerges. Asar provided small bowls for and some boiled rice for Members to try the chicken dish. It was delicious.

President Mark thanked Azad for his inspirational demonstration at short notice. He have him a Rotary show bag in appreciation of his presentation.



Our Rotary Youth Exchange Student - Marina Monnerat from Nova Friburgo - Brazil



Keilor East's Rotary Youth Exchange student Marina Monnerat is moving to the home of Athena Vass and Wayne Parker where she will live until she returns to Brazil on January 13th, 2020.





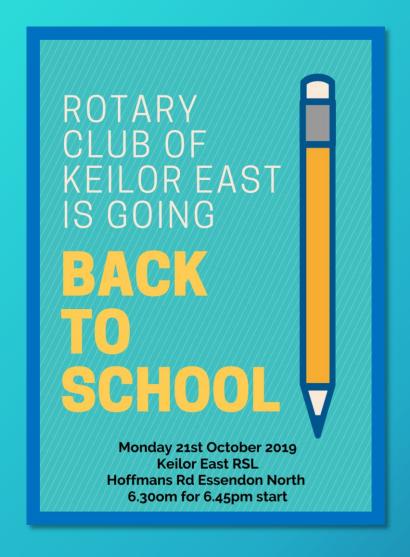


Above: Marina (at the back left of the photo) at a celebration for Athena's Dad's Birthday.

During the school holidays Marina and her host mum, Yvonne Osborn, had lunch at Studley Park Boat House Café.

Highlights of the week have been receiving her new Club Badge, going to the gym with Rayssa, catching up with Charlie and Heidi and spending time with her friend Luana.

Upcoming Events

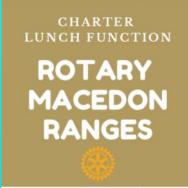




We would love some of your school photos and memorabilia from your school days to make our Back to School night lots of fun.

If you don't have some from your school days, you might have some from your children or grandchildren.

More Upcoming Events







JOIN US ON OCT 20 FROM 12.30 - 3.00PM

BARINGO FOOD & WINE CO 283 STATION RD NEW GISBORNE

GOURMET FINGER FOOD & DRINK ON ARRIVAL

LOCAL MUSIC & DANCE CO

TICKETS \$42 ADULT \$15 CHILD (5-12)

HTTPS://WWW.TRYBOOKING.COM/551766 KYLIE KINKEAD 0411 449 753

Rotary Macedon Ranges

Are Excited to Invite You to Our

Charter Luncheon

October 20 2019 12.30pm - 3.00pm Baringo Food & Wine Co 283 Station Rd New Gisborne

Gourmet Finger Food and Drink on Arrival Showcasing local Bands and Dance Co

Adults \$42 per person & Children U13 \$15

Seats strictly limited

HTTPS://WWW.TRYBOOKING.COM/551766

KYLIE 0411 449 753



OAKS DAY GARDEN PARTY

Thursday 7 November

12.00 - 4.00 pm 997 Old Calder Hwy, Keilor

A day to frock up and wear your best hat. Food, drinks, entertainment, raffles, silent auctions, gifts to buy, a sweep, and lots of fun!

\$50

Tickets strictly limited.

To book:

https://www.trybooking.com/BFHTB

Funds raised will help Days for Girls Keilor Gateway Cluster continue to make and distribute female hygiene kits to all secondary school girls in Balibo, Timor Leste.

Credit cards and cash accepted for purchases on the day.

JANE 0403 924389 JANICE 0414 782557



The beautiful private Keilor garden referred to in the above Poster is our own Cherrie Osborn's. Click on the poster to reach our Trybooking page.

What's Next?

Date	Event
Monday 14th October	Hat Night for Mental Health - Robert Flynn - Beyond Blue
Monday 21st October	Back to School Night
Thursday 24th October	5 Rotary Districts Train Ride to Federation Square
Monday 28th October	International Committee/ Project Night
Wednesday 30th October	Days for Girls Sew In at Baptist Church Hall Buckley Street Essendon
Thursday 31st October	Vocational Visit - Mark Tognon
Saturday 2nd November	Passport Club Meeting and Working Bee at DIK - Jenny Foster
Monday 4th November	No Club Meeting - Cup Eve
Thursday 7th November	Oaks Day Garden Party at Cherrie Osborn's (Days for Girls Fundraiser)

Program Director 2019-2020 Mark Tognon (assisted by Annie Webb)





PROUDLY SUPPORTING THE COMMUNITY
Keilor East Community Bank® Branch
53 Wyong Street Keilor East | Phone 9331 5811
Bendigo Bank



Our Club gratefully acknowledges the sponsorship we receive from the Keilor East Bendigo Community Bank and Smart Storage World to assist us in providing services to the Community.

Rotary Club of Keilor East meets on 6.30pm for 6.45pm at Keilor East RSL, Hoffmans Rd, West Essendon For Club Membership or Sponsorship information Contact: Past President, Joe Albioli (0438133123) http://www.keiloreastrotary.org

Rotary Thanksgivings

- *We give thanks for our daily food. May Rotary friends and Rotary ways, help us to serve all our days.
- * For good food, good fellowship, and the privilege to serve, we give thanks.

October Birthdays and Anniversaries

Birthdays

October 8: Lloyd Lancaster October 10: Marianne Potgieter

October 13: Jack Watson (Wow! He will be 90)

October 14: Tina Ballos October 15: Ian Wright October 18: Dawn Watson

Wedding Anniversaries

October 16: Yew Kong and Linda Lye October 20: John and Barbara Rafter





Rotary Anniversaries

October 15: Chris Rundell 2012 October 21: Minh Nguyen 2002 October 26: Alex Billson 2015



Member News -





Happy 90th Birthday to Jack Watson and Happy Birthday to Dawn Watson. Very best wishes from all their friends at Keilor East Rotary. A celebration was held at Keilor East RSL on Sunday 13th October.





Congratulations to Greg Osborn upon completing his 21st Marathon at the Melbourne Marathon Festival. It was his fourth 42.2km run for 2019.



We wish our Care Bear, Marianne Potgieter a wonderfully Happy 78th Birthday for October 10th. We appreciate your good wishes to us on our Birthdays Marianne.



We would love some of your family and/or holiday photos for this page. Text to 0411773360 or email to keiloreastrotary@gmail. com