



New Club Members -
Induction Sept 18th, 2017



NEWSLETTER OF THE ROTARY CLUB OF KEILOR EAST INC.



Rotary Club: 21222 Charter granted 10th August 1983
September 18th, 2017 Volume 35 Number 8
CLUB MOTTO – "Fun and Fellowship whilst helping others"

PRESIDENT'S REPORT

Meeting Report September 18th, 2017.



Monday 18th September:

The night was opened by President Ginny Billson who welcomed members and visitors attending who included our guest speaker Jennie Franklin, Jo Sculli, and Barbara McKeon.

Report from Ginny Billson:

- Ginny advised of the following:
 - The second BBQ at Woolworths in Moonee Ponds was held yesterday and we raised around \$400. Thank you to all those that assisted – Marianne, Cherrie, Chris, Tina, Gerard, John, and Alex.
 - Moonee Valley Art Show – it is now time to approach sponsors. On 4 August Phil O'Brien emailed out a sponsor pack to all members.
 - The wine auction held last week raised \$411 for the Days for Girls activity
 - The club received a lovely letter from Wayne Smith (Chairman\Secretary of Camp Getaway Board of Management) thanking us for the exemplary work carried out by our members at the recent working bee.
 - Ginny met with Jenny Foster (President of RC of Essendon) regarding the Children First Foundation. They are undergoing a major overhaul at the moment so nothing much will happen till next year.
 - There is a planned visit to DIK with RC of Essendon on Tuesday 31 October. Carpooling to be arranged from the Essendon Baptist Church.
 - On Saturday 7th October we will be manning a Lift The Lid on Mental Health Information table at Bunnings Highpoint.
 - On Sunday 8th October we will be holding a car rally.
- Ginny introduced **Chairperson:** Arnold Vandenham

OTHER REPORTS

Sponsors are welcome for the Moonee Valley Art Show – March 23rd-25th, 2018.



- **International Service: Cherrie Osborn:** A sewing day for Days for Girls has been organised on Wednesday 27th September. This will be the first sewing day held at the new venue - Baptist Church, Buckley Street, Essendon.
- “Shop ‘til you Drop” is being held on Saturday 21st October. More information is on the promotional poster on Page 7.
- **Special Projects: Gerard Mahoney:** Moonee Valley Art Show – information pack for sponsors has been sent out to members. Wine and beer sponsorship has been arranged.
- Members to think about possible businesses and organisation that could be involved in the Bendigo Bank’s “Pitch for Funds” activity.
- **Judith Maddocks:** Reminder to everyone on the fundraising ball to be held next month. An email was sent around by Judith about this.
- **Ian Wright:** A list for attendees for the car rally on Sunday 8th October is being circulated. Further information is on Page 6.
- **Bob McMartin:** Bob thanked the assistant chefs at the recent Camp Getaway working bee weekend - Pam Vandenharn and Janet McMartin. Thanks must also go to Bob for being the main chef. Bob also highlighted that the Camp Getaway weekend is a great fellowship activity and encouraged members to be involved in future events.

NEW MEMBER INDUCTIONS - BARBARA MCKEON & JO SCULLI

Induction of new members – Barbara McKeon and Josephine (Jo) Sculli

Barbara McKeon and Josephine (Jo) Sculli were inducted as new members of our club. The citations were given by President Ginny Billson and Marianne Potgieter presented them with a Rotary Lapel Badge, a meeting badge, and a copy of the four way test.

We warmly welcome Barbara and Jo and wish them a long, rewarding and happy association with Keilor East Rotary.



GUEST SPEAKER – JENNIE FRANKLIN

"WHAT THE HECK IS ART THERAPY?"

Arnold Vandenharn introduced the speaker for the evening Jennie Franklin who gave us an informational, and at times emotional, talk on Art Therapy.

Jennie recently completed a Master of Art therapy course at La Trobe University. In her second year as a student, she worked with a psychiatrist and carried out art therapy sessions.

Jennie talked us through a case study of an art therapy session with a client. The client was a 39 year old divorced woman with 2 adult children and had stage 4 (terminal) brain cancer.

- "Art therapy is not about the art"
- The Initial Art work - to start the conversation
- Scribble activity – the client and the therapist are involved in the activity
- Assists to reconnect with our memories
- Symbols - layers of meaning. The hope is that it will initiate conversation with others

A more technical description of Art Therapy:

- Externalising the non-verbal into artistic expression

The practise of art therapy is grounded in psychotherapy. It is based on the humanistic philosophy that each of us know our own answers. It is a relatively new profession. Started by Adrian Hill, a British artist in the 1940's, who worked with returned soldiers and tuberculosis patients. War and illness damages 'our minds, our bodies and our hopes'.

Art therapy primarily allows the person to express who they are.



CAR RALLY

KEILOR EAST ROTARY 2017 'SUNDAY DRIVE'
SUNDAY 8th OCTOBER 2017

Starting point is Keilor East RSL Car Park, Hoffmans Rd., West Essendon.
Cars will be 'flagged off' at 5 minute intervals, starting at 9.30am.

You will need to follow the directions provided and answer a number of observational questions relating to the route and items on it.

WHAT TO BRING:

1. Car & navigator.
2. \$5 entry fee per car.
3. Money for lunch at mystery destination.
4. Pen and clip board.
5. Sense of humour and patience.

A variety of meals is available for purchase at our destination.

Prizes will be awarded for the most correct answers to questions, closest to the specified time to complete and closest to the specified distance.



"SHOP 'TIL YOU DROP" FUNDRAISER

Keilor East Rotary Club would like to invite you to:



Saturday, 21st October 2017

Pick up and drop off at RSL Club, Hoffman's Rd Keilor East

Departure 7:30am – Return 6:00 – 6:30pm approximately.

\$53:00 per person (includes 2-course sit down lunch & a glass of wine)

Grab some friends and family, for a fun filled day of shopping aboard a luxury coach that will take you to some of the best shopping outlets in town. A great way to start your Christmas shopping with no stress or worries, as well as raising funds for our International Projects

Pre-paying your Ticket is essential – or your seat will not be saved.

PAYMENT:

DIRECT DEBIT DETAILS: Isabout P/L

BSB: 013706

ACCOUNT NAME: Stacey's Shoppers

BANK: ANZ

ACCOUNT: 4981 20279

BOOKING NO: 2540

Or if preferred, cash payment can be made to Cherrie Osborn 0414 459 487

Places are limited so please get in early.

Any queries, please contact Cherrie Osborn 0414 459 487 / Annie Webb 0409 147 685

WHAT'S NEXT?

25TH	ROSS BUTTERWORTH - Western Emergency Relief Network
NOTE: CLUB VISION REVIEW TO BE HELD IN SEPT/OCT -DATE TBC	
OCTOBER	Economic & Community Development Month
1ST SUNDAY,	BOARD MEETING - 2:30PM
2ND	JENNY FOSTER - Care for Cambodia
7TH	LIFT THE LID - Mental Health Information table at Bunnings Highpoint
8TH SUNDAY	CAR RALLY (confirmed 29/5/17 Ian & Peter)
9TH	NICOLE DUNHAM/MICKAELA FIGGIS - Food Bank
15TH SUNDAY	WOOLWORTHS MOONEE PONDS BBQ
16TH	BRETT BEDSON - Sleep
21ST SATURDAY	SHOPPING TOUR - Meet at RSL at 7.30AM
23RD	CAITLYN RUSTEM - RYLA experience
29TH	CYSTIC FIBROSIS GREAT STRIDES FUN RUN - BBQ

Program Director 2017-18
Ian Wright



Our Club gratefully acknowledges the sponsorship we receive from the [Keilor East Bendigo Community Bank](#) and [Smart Storage World](#) to assist us in providing services to the Community.

Rotary Club of Keilor East meets on Monday
6.30pm for 6.45pm at Keilor East RSL,
Hoffmans Rd, West Essendon
For Club Membership or Sponsorship information
Contact: Immediate President, Joe Albioli (0438133123)
<http://www.keiloreastrotary.org/>

ROTARY GRACES

- o We give thanks for our daily food. May Rotary friends and Rotary ways, help us to serve all our days.
- o For good food, good fellowship, and the privilege to serve, we give thanks.



PROUDLY SUPPORTING THE COMMUNITY
Keilor East Community Bank® Branch
53 Wyong Street Keilor East | Phone 9331 5811
 Bendigo Bank

SEPTEMBER BIRTHDAYS AND ANNIVERSARIES

Birthdays

- 4th Ken Allan
- 6th Alison Currie
- 7th Khaled Ebrahim
- 17th Annie Webb
- 18th Pam Vandenham
- 21st Bruce Cameron
- 22nd Laraine Barnes
- 22nd Kim Nguyen
- 22nd David Gibbs
- 23rd Greg Osborn
- 26th Janet McMartin

Anniversaries

21st Raj and Jeselee Vytilingam



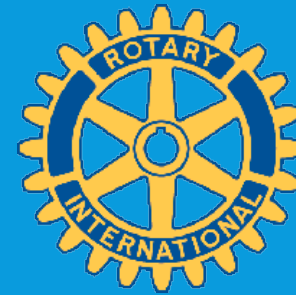
Rotary Anniversaries

3rd Gerard Mahoney 2012

Mark Tognon 2016

7th Tina Ballos 2015

30th Phil O'Brien 2002



MEMBER NEWS

Laraine Barnes celebrated her September 22nd Birthday with her family which now includes great granddaughter Zahli.



Greg Osborn celebrated his 67th Birthday with a family lunch. His grandson, Joshua Jones, was there to help him blow the candles out.